



A refugee is...

The Refugee Dictionary

Commissioned by UK for UNHCR to mark the  
70th anniversary of the 1951 Refugee Convention



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**UNHCR**  
The UN Refugee Agency  
United Kingdom for UNHCR

# Foreword

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UK for UNHCR is the UN Refugee Agency's national charity partner for the UK, raising awareness of refugee crises and mobilising public support to help protect refugees worldwide through UNHCR's work.

UNHCR, the UN Refugee Agency, leads international action to protect people forced to flee their homes because of conflict and persecution. Thanks to voluntary contributions from our UK supporters and partnerships, UNHCR teams can deliver life-saving assistance like shelter, food and water, help safeguard fundamental human rights, and ensure people have a safe place to call home where they can build a better future. UNHCR also works to ensure that stateless people are granted a nationality.

The 1951 Refugee Convention was originally created with a time-limited mandate to help European refugees after the Second World War return home or resettle. That mission was expanded, first to help a new wave of European refugees in the 1950s (such as those fleeing the Hungarian uprising) and then, through the 1967 Protocol, becoming a global mandate to help those fleeing an increasing number of conflicts around the world.

UNHCR serves as the 'guardian' of the 1951 Convention and its 1967 Protocol; they are key legal documents that form the basis of the agency's work and enshrine the rights of people fleeing conflict and persecution to seek asylum in another country.

UK for UNHCR is a registered charity in England and Wales (charity number 1183415). Learn more online at [www.unrefugees.org.uk](http://www.unrefugees.org.uk)



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My earliest memories were coloured by the word “refugee”. I never quite understood what the word meant as we moved through borders on foot, by train or by plane. I didn't understand why sometimes the word opened doors and we would be welcomed in, and other times it would close a door, and we would be cast out.

At detention centres and refugee camps, I was captivated by the different ages, clothes and customs; the lullabies sung in different languages, and the fragrant smell of foods I couldn't yet pronounce. I was struck by how some carried their grief openly, and others hid it behind a joke, how some shared stories of their homelands, and others never mentioned where they had come from but only where they were going.

Although we shared the same label, none of us shared the same story.

My story started in Iraq. In the early 90s my family and I fled the Gulf War. As Kurds living in Saddam's Iraq, we had already lost so much, and we were not ready to lose more. Between the ages of one and six I was a child refugee travelling through Turkey, Azerbaijan, Russia, the Netherlands and finally the UK.

Today I am a trustee of UK for UNHCR, working to protect and celebrate refugees everywhere.

The rich and varied lived experiences of people who are displaced is often reduced down to the single word “refugee”. At the heart of this book is a different message: no one is ever just a word, we are always a story.

**Mevan Babakar**  
*Trustee, UK for UNHCR, and Deputy CEO,*  
*Full Fact*

2021 has been a year like no other, with millions of refugees impacted by the COVID-19 pandemic and a record 82 million people forcibly displaced around the world. So it was important we mark the 70th anniversary of the 1951 Refugee Convention and acknowledge the millions of lives it has protected to this day.

When the Convention was first adopted on 28 July 1951, it legally defined 'refugee' and enshrined the rights of people fleeing conflict and persecution to seek refuge in another country. To this day, the Convention protects these rights and underscores the need for global cooperation and shared responsibility as we protect those forced to flee their homes.

The UK has a long history of providing refuge and was among the founding nations that helped to draft the 1951 Convention. Seventy years on, we decided to ask the public what the word 'refugee' means to them today.

Some share their lived experience, or that of family members, friends or communities. Others share their solidarity and commitment to supporting refugees. Together they form this dictionary of one word – refugee – reflecting the countless stories of survival, courage, hope and new beginnings made possible by the Convention.

We are so grateful to all those who contributed and we are delighted *The Refugee Dictionary* will be accessioned by The British Library for future generations, becoming a record of public solidarity for refugees in 21st Century Britain.

The world has changed considerably since the Convention was drafted but it remains just as relevant today, if not more so. We hope that the UK's tradition as a place of safety for refugees continues just as strongly.

**Emma Cherniavsky**  
*Chief Executive Officer, UK for UNHCR*

A refugee is...

**A refugee is (n)** a person who “owing to a well-founded fear of being persecuted for reasons of race, religion, nationality, membership of a particular social group, or political opinion, is outside the country of his nationality, and is unable to or, owing to such fear, is unwilling to avail himself of the protection of that country”

– *The 1951 Convention relating to the Status of Refugees*

**A refugee is (n)** a person, like you and me, who just wants to call a place home, to belong, to be safe and to live without fear. When all those things suddenly disappear, we have to create space in our communities, to help refugees repair and rebuild their lives – so that one day they can find home again  
**– Filippo Grandi, United Nations High Commissioner for Refugees**

**A refugee is (n)** like my mother, fleeing Nazi Germany for her life, coming as a child to the UK with no English, finding friends and becoming a midwife  
**– Revd Dr Sam Wells, Vicar of St Martin-in-the-Fields, London**

**A refugee is (n)** like family. Life will get better – **Sawsan**

**A refugee is (n)** someone who could be anyone... could be you, could be me. We just never know what life holds for us – **Anon**

**A refugee is (n)** someone who seeks a safe place to realise their potential – **Jon**

**A refugee is (n)** someone we should treat with the same love and compassion we would wish to be treated with if we were in their position – **Ezra, Lewes**

**A refugee is (n)** one who provides us with the opportunity to become compassionate, loving and generous friends, both to some of the most vulnerable people on earth, and simultaneously, to the Divine  
**– Steve, Southend-on-Sea**

**A refugee is (n)** my great grandparents, who had the guts to cross the borders and the Atlantic to escape in the most ingenious ways, find safety and raise their family in 1929 – **Ana, IKEA Glasgow**

**A refugee is (n)** a human who seeks a home that they can't find at home, they might find shelter but not the refuge they always opted for – **Anon, Refugee student, UNHCR DAFI Scholarship programme**

**A refugee is (n)** a champion of the full rights of a human being, not only a figure of our vulnerability and need. They become a refugee by refusing brutality, not succumbing to it. They are recognised as a refugee because we are tied to their enactment of the need for freedom – **George, Edinburgh**

**A refugee is (n)** my heritage: my mother and grandmother – **Peter, London**

**A refugee is (n)** a person with the same rights, hopes and aspirations as anyone else. S/he has to restart his/her life all over again in the country of sanctuary, so deserves solidarity and consideration because s/he has had to survive terrible hardship and overcome awful ordeals  
**– Patricia, Swansea**

**A refugee is (n)** a courageous, triumphant human that has a right to a safe and healthy future – **Amina, Brooklyn, USA**

**A refugee is (n)** a human being forced to flee an inhumane, dangerous situation  
**– Anon**

**A refugee is (n)** someone with hopes and dreams; a refugee is my mother who brought so much to this country; a refugee never loses memories of loss; a refugee brings richness and passion to their new country; a refugee is a success story, once given a chance; a refugee is me – **Baroness Julia Neuberger**

**A refugee is (n)** someone who for desperate reasons is forced to try and transfer to another country – **Anon**

**A refugee is (n)** someone who shares the experiences of my people; has walked in the shoes of my family; knows how it feels to be a stranger in a strange land; and who deserves a warm welcome, a safe home, and the opportunity to write their own story in a new book – *Raymond Simonson, CEO, JW3*

**A refugee is (n)** someone who could be anybody, a refugee could be you or I if circumstances were to change. Refugees are forced to leave their homes, their countries and everything they know through no fault of their own. We must stand by these people and help where we can – *Rachel, Salford*

**A refugee is (n)** like a train, which has been pushed from the rails by social injustice, and is trying to get back on track so it can continue the journey called life – *Mariya-Viktoriya, London*

**A refugee is (n)** someone who did not choose this title – circumstances have forced it on them and those more fortunate at this moment should be of help to them – *Christopher, Lewes*

**A refugee is (n)** all too often someone who stalwartly tries to create a future out of a homeless present, after fleeing a country where they are hated to another which doesn't understand them – *Rabbi Jonathan Wittenberg*

**A refugee is (n)** a resilient person who doesn't give up – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who could be anyone of us. We should all treat Refugees the way we would like to be treated if we found ourselves to be displaced – *Sulaika, Sussex*

**A refugee is (n)** a person of any age, either male or female who desperately has to escape from their home country due to an impossible situation meaning they cannot live there any more – *Alison, Peebles*

**A refugee is (n)** a mum, a dad, grandad, grandmother that are forced to leave their lives behind in order to protect their family and to give a better future to further generations, like me – *Ana, IKEA Service Office*

**A refugee is (n)** a mother, father, sister, brother, daughter, son, friend who has had to leave to continue to live – *Sarah, Birmingham*

**A refugee is (n)** any of us, if life's securities shatter. It is me tomorrow if freedoms end – *Stephen Cottrell, Archbishop of York*

**A refugee is (n)** one who is debarred from a safe life because of religion, ethnicity or just by luck! – *Peter, Exeter*

**A refugee is (n)** someone who is unable or unwilling to return to their country of origin owing to a well-founded fear of being persecuted for reason of race, religion, nationality, war, of a particular social group, or political opinion, insecurity and looking for safety – *Steve, Malawi*

**A refugee is (n)** the mother who sees her child find their smile again, free of turmoil, full of hope – *Susie Dent, lexicographer*



**A refugee is (n)** a human being, a mother, a daughter, a sister, a fighter, a person who is kind, thoughtful, loving and caring, who creates no barriers, who seeks to better herself and give back to her community, who loves to share, learn and above all is a peacemaker  
 – *Salma Zulfiqar, International Artist & Founder of ARTconnects*

**A refugee is (n)** inspiring, ambitious, life lover, a tiny part of this universe who believes in change, initiative and seeks to match her dreams – *Malak, ARTconnects*

**A refugee is (n)** a human, sister, daughter, a one who fights and seeks to reach, learned, loves to learn and to share her knowledge, hates war and loves peace, works to be a peacemaker – *Roaa, ARTconnects*

**A refugee is (n)** a big dreamer, a future doctor and lifesaver, an educationalist and someone who seeks a better life for the vulnerable ones – *Retaaj, ARTconnects*

**A refugee is (n)** a supporter, exists for help, loves to see happiness in gloomy eyes, seeks for happiness regardless its direction, a human before being a 'refugee' – *Tasneem, ARTconnects*

**A refugee is (n)** a friend, beautiful person with skills and love who has fled war, violence, conflict or persecution and has crossed an international border to find safety in another country – *Dilshin, ARTconnects*

**A refugee is (n)** a simple woman, a common human being, a caring friend, a loving wife, an obedient daughter, a kind mother, a helpful sister, a friendly aunt – *Mahreen, ARTconnects*

**A refugee is (n)** a person who welcomes others, is open to new cultures and places, a person who is kind, considerate and compassionate. A person who loves to learn and celebrate life – *Skala, ARTconnects*

**A refugee is (n)** a simple person who wants to learn everyday and share knowledge, skills and experience with others to motivate them. A person who wants to become a role model for others as a helping hand – *Lahbeeb, ARTconnects*

**A refugee is (n)** a human being whose life and dignity have been endangered. It is our collective human duty to protect her or him and to give them hope – *Rabbi Dr René Pfertzel, Co-chair, Conference of Liberal Rabbis and Cantors*

**A refugee is (n)** a person who deserves respect and compassion – *Estelle, Surrey*

**A refugee is (n)** someone who has been forced to sever ties with absolutely everything in their life: their culture, the smell of home, the sea, the noises they grew up with, the familiar faces and the food they took for granted. It is a massive and shocking bereavement – *Nicola, Saffron Walden*

**A refugee is (n)** ein Mensch dem alles genommen wurde/wird. (translation: a person from whom everything has been / will be taken) – *Edith, Bavaria, Germany*

**A refugee is (n)** someone who deserves a second chance – *Yusaf Shuaib, CEO, Al-Khair Foundation*

**A refugee is (n)** eager and hungry to find a footing to rebuild their life – *Jo, IKEA Sheffield*

**A refugee is (n)** someone who had to turn shelter into a home. A refugee is someone trying to flourish when the world expects them to only survive  
– *SCAN UK, Wolverhampton*

**A refugee is (n)** someone who has faced injustice and deserves compassion to help them rebuild what they have lost  
– *Lizzy, London*

**A refugee is (n)** an inspirational person who builds a new life in a new land, when they can no longer live in their own land – *Anon*

**A refugee is (n)** in everyone's family tree  
– *Mark, Carlisle*

**A refugee is (n)** a mother looking for a better life for her children – *Hermione, Exeter*

**A refugee is (n)** someone who inspires me to make the best of every day and not just sit and wait for a better day  
– *Ibtissam, IKEA Service Office*

**A refugee is (n)** a person who is fleeing an inhumane situation – *Elizabeth, Exeter*

**A refugee is (n)** someone in a situation that anyone can find themselves in, if they are forced to flee their country. A refugee should be made welcome so that they can start a new life, in safety  
– *Kelly, Maryport*

**A refugee is (n)** a person who could so easily be me – *Anon*

**A refugee is (n)** someone who teaches us that the human need to flourish and express potential, should not be constricted by place and location. It means that the obligation is upon us all, to show sensitivity to the dislocation of the refugee, but not objectify the refugee in our compassion for them. And in some way, we need to realise that we are all refugees from something  
– *Rabbi David Mason, London*

**A refugee is (n)** someone who has the right to be free to reach for their goals  
– *Anon*

**A refugee is (n)** my wonderful mum, a vibrant, caring, intelligent, outgoing person who at 10 years old was abruptly displaced from her home in Spain during the Spanish Civil War where she escaped from Fascism and persecution for a new beginning and better future in a welcoming country, our Wales  
– *Suzanne, Pen Y Bryn*

**A refugee is (n)** a person who left their country because of famine or war  
– *Barney*

**A refugee is (n)** a fellow human being in a time of need – *Rich, Torquay*

**A refugee is (n)** a human that needs help from humankind because of stupid human politics – he/she is a father/ mother, daughter/son, valued family member or friend – *Chris, Exeter*

**A refugee is (n)** a friend I have from Syria. The journey affects them for the rest of their life – *Anon*

**A refugee is (n)** my grandmother Gizi, my Mother Margit, uncle Steve, aunts Magda and Gizi who were political refugees from Hungary during the 2nd World War when they arrived in United Kingdom. A refugee is human beings seeking valued peaceful lives and opportunity to contribute in society  
– *Magdalena, Newport Pagnell*

**A refugee is (n)** my father who arrived in England in 1921 not speaking a word of English, and ended up as M&S' chief food technologist, revolutionising the British food production industry – *Philip, Woking*

**A refugee is (n)** a human being with hopes and dreams like everyone else. A refugee can be anyone, like a pilot flying your plane – a pilot like me! – *Maya Ghazal, the first female Syrian refugee pilot and UNHCR Goodwill Ambassador*

**A refugee is (n)** like my grandparents, fleeing first Stalin then Hitler, finding in the UK for the first time a place to live and love in safety and bless their community – *Revd Dr Sam Wells, Vicar of St Martin-in-the-Fields*

**A refugee is (n)** a strong connection with our humanity  
When we are at our most vulnerability  
A friendship with oneself  
With the other  
With humanity  
And the world we live in  
– *Mahmoud, Cardiff*

**A refugee is (n)** a person fleeing persecution like my own grandfather. Refugees overcome huge obstacles to seek refuge in a new land, and deserve nothing less than dignity, compassion and a warm welcome – *Marie van der Zyl, President of the Board of Deputies of British Jews*

**A refugee is (n)** my friends – *Lily*

**A refugee is (n)** a person with courage, resilience and hope – *M, Exeter*

**A refugee is (n)** someone who knows the disadvantages of war and works hard on keeping the peace among the people – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person of hope. When standing in desperate times, they still have hopes for a better tomorrow. This is the story of my father and my family. I'm here today reaping all that is better – *Nghiem, London*

**A refugee is (n)** someone who can enrich your life and let you see a bigger world – *Sally, Deganwy*

**A refugee is (n)** my English conversation buddy – *Karen, Belfort du Quercy*

**A refugee is (n)** someone to hug and cherish – *Sami, Exeter*

**A refugee is (n)** someone fleeing his or her home because of the extreme intolerance of fellow humans; whilst leaving behind possessions and loved ones, carrying his or her dreams and aspirations of finding new beginnings of hope and building a better future for themselves and others – *Qari Muhammad Asim MBE, Senior Imam, Makkah Mosque, and Chair, Mosques & Imams National Advisory Board*

**A refugee is (n)** my grandfather who travelled with me and gave me the best childhood summers! – *Martha, London*

**A refugee is (n)** a good person – *Anon*

**A refugee is (n)** someone who can teach me – not only about his/her country, history and culture, but also about humility as I marvel at his/her courage and resourcefulness often in the face of cruelty and ignorance – *Holly, London*

**A refugee is (n)** someone who has had to leave their home and country because of horrific persecution/danger there, unsupported by their government who are the cause of the persecution – *Vik, London*

**A refugee is (n)** a new friend who you have more in common with than you could've ever imagined – *Mariia, IKEA Glasgow*

**A refugee is (n)** a grandfather, grandmother, mother, father, son, daughter seeking safety and stability – *Lucy, London*

**A refugee is (n)** welcome here! Refugees deserve to live in safety. Britain is a nation of refugees/migrants! – *Sally, Okehampton*

**A refugee is (n)** my sister or my brother – *Bishop David Walker, Manchester*

**A refugee is (n)** someone who has fled where they were living, to escape an intolerable, mostly dangerous, situation, seeking safety, and a better life, in another country – *Sally, Crediton*

**A refugee is (n)** someone who empowers individuals to understand the core of the issue and involves shared understanding of conflicting themes from a particular context by means of communication – *Anon*

**A refugee is (n)** baby Jesus, escaping infanticide in Judea by fleeing infanticide in Egypt – *Prof Robert Beckford*

**A refugee is** empowering, humanising and liberating – *Joseph, London*

**A refugee is (n)** a precious human – *Anon*

**A refugee is (n)** a person who seeks a place of safety – *Africa Awake Initiative, London*

**A refugee is (n)** a daughter, a sister and a mother who have so much love for her family and the community – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my family and friends ♥ – *Anon*

**A refugee is (n)** my strong, resilient, damaged friend who won't let her past define her, who fights discrimination every day, who is building for the future for her and her son, who has taught and given me so much, who will contribute to a more just society, who shows us how to live – *Jenny, London*

**A refugee is (n)** people like me and you... – *Anon, Exeter*

**A refugee is (n)** any person escaping psychological or physical harm, imposed by the ruling authority of their country of residence – *Ingrid, Gilwern*

**A refugee is (n)** an extraordinary person. One who has immeasurable courage and optimism to reach out for the hope of a better day – *Zahra, London*

**A refugee is (n)** the best cook I've ever met! – *James, Marlow*

**A refugee is (n)** unimaginable strength, hope and inspiration!!  
– *Tracey, London*

**A refugee is (n)** someone with hopes and dreams that can save lives, build bridges in society, and make the world a better place for all of us. In the words of Guru Gobind Singh, the 10th Sikh Guru, we should ‘recognise the whole of humanity as one’  
– *Jasvir Singh OBE*

**A refugee is (n)** fundamentally a fellow human being in need of individual and communal support, who must traverse the boundaries of geography, economics, family, culture, religion, gender, in short those matters that comprise their core humanity, in order to find and receive such support and to whom I am bound in sacred responsibility to care for through ensuring ultimately that they are able to provide for themselves – *Rabbi Dr Deborah Kahn-Harris, Principal, Leo Baeck College*

**A refugee is (n)** someone whose joy I welcome – *Joe, Bristol*

**A refugee is (n)** a person who greets you with a smile and without any judgement in their eyes – *Abi, IKEA Service Office*

**A refugee is (n)** first of all a fellow human being who has found shelter through a certain power and strength. At the same time, he is a symbol of humanity and solidarity, which he awakens in all of us, who protect him and give him his own perspective on a life in dignity – *Peter, Bonn, Germany*

**A refugee is (n)** a Vietnamese friend whose family shared their love and hospitality with my family – *Rev Prof David Wilkinson, Durham*

**A refugee is (n)** a good teacher, like a candle that consumes itself to light the way for others – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a stranger with a story to tell and gifts to share, who needs your help! – *Linda, Exeter*

**A refugee is (n)** someone who leave everything they knew and love behind, to seek safety and protection in foreign land. Makes difficult decisions, desperate journeys, struggles & experience hardship. Have made sacrifices we can't even imagine – *Gulwali, Northamptonshire*

**A refugee is (n)** a human being seeking refuge from the dangers and oppressive forces of society – *Zeena, London*

**A refugee is (n)** a family unit at the mercy of our state; in abandonment of the former, their trust is in ours, now bound under laws designed for freedom and safety. They are ours to protect, ours to defend, our brothers, our sisters and children. They deserve more than mercy – *Levi, London*

**A refugee is (n)** a good friend – *Pat, Crediton*

**A refugee is (n)** a human, like you and me, with a story of strength and resilience to seek a life of safety – *Robin, Bristol*

**A refugee is (n)** a gift sent by God to all who have the eyes of the heart to see – and ears of the soul to hear – the gentle, profound promises of holy love – *Kevin, Orpington*

**A refugee is (n)** someone who could be you, me, anyone. The only difference between my son, and a son of Syria, is geography – *John, High Wycombe*

**A refugee is (n)** a boy who had to give up his childhood to provide for his family – *David Morrissey, actor and UNHCR Goodwill Ambassador*

**A refugee is (n)** someone who could be you or me in a moment – hence why we need to help a refugee during their moment in need as we could be one ourselves in the future – *Hassan, Birmingham*

**A refugee is (n)** a happy, cheerful person who likes to feel secure in a place where no any other place welcomed them – *Sabah, Leeds*

**A refugee is (n)** those who had left their countries because lot of reasons and their lives were in danger while it was in safe before, they applying to lives in another safe countries – *Ryad, Huddersfield*

**A refugee is (n)** a talented musician! – *Anon*

**A refugee is (n)** a person seeking refuge from something or someone. A person who needs protection and help, not rejection – *Stefania, London*

**A refugee is (n)** a person who deserves respect and compassion – *Estelle, Dorking*

**A refugee is (n)** a mentor who equips their communities with the mindset to work and succeed in those conditions – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my brother or my sister – *Judith, Aberystwth*

**A refugee is (n)** more courageous than fearful. Willingness to leap into that terrifying unknown is always a final resort – one chooses that only last never first. This is not opportunism but a brave calling to that collective need to survive and express life. May kindness await – *Grant, London*

**A refugee is (n)** someone who needs a friend – *Michael, East Kilbride*

**A refugee is (n)** beloved in the sight of God because Jesus was part of a refugee family fleeing from a tyrannical regime – *The Rt Revd Graham Usher, Bishop of Norwich*

**A refugee is (n)** a brave person who deserves safety – *Alice, Exeter*

**A refugee is (n)** a potential friend, family member or neighbour. Someone exactly like me, who through the lottery of where you are born has been forced to flee their home to protect their life whilst I've grown up in the UK not directly impacted by such things – *Niall, Coventry*

**A refugee is (n)** a human being just like everyone else. He/she just had to leave his/her home due to violence and persecution. Like anyone else would do. And, you know, has the damn right to do so – *Helge, Bonn, Germany*

**A refugee is (n)** someone looking for a new safe place – *Anon*

**A refugee is (n)** someone who has left their native country through choice or not with hope and dreams of 'being' at and finding a home – like us – *Anon*

**A refugee is (n)** a mother who planted her seeds of sacrifice, watered her seeds with hope and love, looked up as the shoots grew taller than her and beamed with pride as her sunflowers shone brighter than the sun – *Salah, Nottingham*

**A refugee is (n)** a person of hope. When standing in desperate times, they still have hopes for a better tomorrow. This is the story of my father and my family. I'm here today reaping all that is better  
 – *Nghiem, London*

**A refugee is (n)** a human being, just like me, who deserves a safe place to live, to love, and to be loved – *Anna, Newcastle*

**A refugee is (n)** brave and ready to sanctify life, theirs and others. Keen and enthusiastic new citizens; flexible even after having fled from danger – *Rabbi Rebecca Birk, Co-chair, Conference of Liberal Rabbis and Cantors*

**A refugee is (n)** a human being given a second chance to enjoy their right to be human – *Ekhlis, Newcastle upon Tyne*

**A refugee is (n)** a person who is rejected in his /her own place and accepted with love, respect and sympathy somewhere else, given another chance to fix their lives messed up by their own mistakes as well misguided, mistreated, deceived, persecuted, who would be always opposed, bullied – *Shakila, London*

**A refugee is (n)** a human being that needs to be listened to and supported with love and compassion – *Anon*

**A refugee is (n)** a person trying to protect the ones they love – *Claudia, PT*

**A refugee is (n)** a label which, when misused, can lead to objectification and dehumanisation – seeing beyond the label to the person underneath allows us to fully see each other – *Rabbi Robyn Ashworth-Steen, Principal Rabbi, Manchester Reform Synagogue*

**A refugee is (n)** a person who deserves a welcome – *Sophie, Warwick*

**A refugee is (n)** someone who has been through unimaginable things, someone we can all learn from, someone who refuses to give up – *Hayley, Leicester*

**A refugee is (n)** a dad who, despite the pain and horror he experienced, has love enough for his children and wife and friends and for his adopted country to spare – *Camila, Bath*

**A refugee is (n)** the amazing woman artisan I work with who taught me what resilience really means – *Izabela, Istanbul, Turkey*

**A refugee is (n)** someone to be welcomed wherever they are, someone who is often misunderstood and mistreated. Refugees are welcome here – *Leanne, Edinburgh*

**A refugee is (n)** a homemaker forced to flee theirs – *James, Looe*

**A refugee is (n)** people who are forced to move from dangerous/uncomfortable situation (disaster, climate change, war, etc) – *Rio, Medan, Indonesia*

**A refugee is (n)** a hopeful soul bursting with bravery, compassion and humanity. Leaving behind broken memories and looking forward to brighter horizons; not without fear – *Annie, Chichester*

**A refugee is (n)** someone who leaves the familiar surroundings of home, because it has become untenable, in the hope of finding a safe, secure place they can call home where they can thrive and contribute to their new country in a positive way – *Suzanne, Southampton*

**A refugee is (n)** my mother. She was two days old when, with her parents and siblings, the family had to leave their home and belongings behind. They fled to Smyrna along with hundreds of thousands of ethnic Greeks but managed to survive the fire which devastated the city in 1922 – *Lisa, London*

**A refugee is (n)** a flying bird looking for a cosy branch to sit on in the sunlight – *Maria, Lecco, Italy*

**A refugee is (n)** any person seeking refuge within their home country or in any other country, from extreme circumstances that threaten their life, due to natural disaster, war, famine, or extreme economic or healthcare deprivation. Refugees request and shall be granted safe haven – *Doug, Dollar*

**A refugee is (n)** someone most courageous who walks with strength and courage into the unknown – *Naza Alakija, Founder & CEO, S.A.G.E. Innovation Centre*

**A refugee is (n)** my flatmate from uni who had an obsession with 90s American hip hop music – *Lydia, Sussex*

**A refugee is (n)** my hilarious best friend with a heart of gold who also happens to be a doting foster dog parent – *Genna, London*

**A refugee is (n)** a person relocating due to hard circumstances who holds the valuable part of their civilisation and brings it to their to new community bringing new value – *Razan, Yorkshire*

**A refugee is (n)** my grandfather who fled the Pale of Settlement and spent two decades roaming the world as a traveling musician before finally finding his home (and citizenship) with my Canadian grandmother – *Emma, London*

**A refugee is (n)** an aspiring young photographer who allows people to see the world through his eyes – *Deej, Newcastle*

**A refugee is (n)** someone just like you or me – *Manal*

**A refugee is (n)** someone who asks us, “Are you at home enough with yourselves to let me be at home with you?” – *Bishop Rowan Williams*

**A refugee is (n)** an entrepreneur who educates the community on entrepreneurship skills to empower and to scale up in avenues of business and life – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who taught me what “resilience” really means – *Marco, Sana’a, Yemen*

**A refugee is (n)** a person or persons fleeing a country or domain, because of religious troubles and persecution, socio-economic troubles and persecution, computer troubles and persecution, ethnic troubles and persecution, age and disability troubles and persecution – *Simon, Kingsbury*

**A refugee is (n)** the planter of a seed that grows to nourish all of us – *Riz Ahmed, actor, rapper and activist*

**A refugee is (n)** a person like me a Granny, my husband or my sons, my daughter-in-laws or my grandchildren. Ordinary people wanting the best for their families but with extraordinary strength and hope. They bring with them so many gifts which enrich us all – *Averil, Calne*



**A refugee is (n)** someone in search of three things: Home, Dignity and Hope – *Khaled Hosseini, novelist and UNHCR Goodwill Ambassador*

**A refugee is (n)** someone who takes risks to challenge status quo when at home; someone with rich stories of the past; hopes and aspirations for the future – *Bekele, London*

**A refugee is (n)** anyone needing or wanting a safe and secure society in which to live, with opportunities to prosper and be a contributing member to that society – *Kiro, Adelaide, Australia*

**A refugee is (n)** a person compelled by fear and drawn by hope to seek a better future elsewhere – *Timothy, Harrogate*

**A refugee is (n)** a person who has been displaced from their country because of things like persecution or war. Someone who needs our help and support. A refugee doesn't choose to be a refugee. A refugee is forced to become one – *Sebastian, London*

**A refugee is (n)** someone escaping war, famine or other desperate circumstances, looking for a safer life in another country, as staying home means risking their life – *Temí, Newcastle*

**A refugee is (n)** someone desperate enough to leave her home with family or alone to try to get to a safer place to live work and start anew. The reasons range from persecution, war and famine to lack of work. Their optimism and the kindness of others can benefit them and new land – *Geoff, Ipswich*

**A refugee is (n)** a Mom who works very hard to give a future for her children – *Izabela, Istanbul, Turkey*

**A refugee is (n)** could be you or I, having to seek safety at a time of crisis. It is implicit on all of us to provide a place of refuge – *John and Sheila, Cullompton, Devon*

**A refugee is (n)** my parents, Jewish refugees from Nazi Germany who came to the UK in 1939. They had it hard when they first came here but eventually managed to settle down and became naturalised British citizens. My grandparents were murdered by the Nazis before I was born – *Ron, Bury St Edmunds*

**A refugee is (n)** someone who always remembers God, no matter what their circumstances. Also it's a chance for you to give back and help a brother or sister in need – *Azra, Darwen*

**A refugee is (n)** a person who never would have left their country, their home, their loved ones and a part of their heart and soul, if they had any other option – *Vanja, Ascot*

**A refugee is (n)** someone who, when life is impossible at home, has the courage, the determination, the character to not just suffer and be still but to get up and face all the rest of the world can throw at them. A refugee is welcome here – *Sara, London*

**A refugee is (n)** is a woman or man who loves, has emotions and also loves romance and either has a boyfriend or a husband – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person who because of war and persecution has fled their own country and is hoping to be safe in another country – *Ida, Blackpool*

**A refugee is (n)** a human being who has the courage to start again after the collective failure of humanity (usually) and has persevered with hope over experience – *Noshaba, Edinburgh*

**A refugee is (n)** someone who has to flee their country because of war, violence, persecution or natural disaster. Unlike migrants, they do not choose to leave to seek a better life, but feel compelled to do so in order to survive. It is an act of desperation and fear – *Alison, Emsworth*

**A refugee is (n)** someone whose home is no longer safe for them to live in – *Sarah, Chillerton*

**A refugee is (n)** someone who has had to escape war, poverty, a dictatorship from their homeland. They are desperate to find a new life, so desperate they risk their own lives. I feel so sorry for them – *Jen, Epsom*

**A refugee is (n)** someone driven by conflict, persecution or humanly insufferable conditions to leave the place they call home and seek safety in another country. They are in desperate need of compassion and acceptance – *Anne, Bolton*

**A refugee is (n)** a peacefully sleeping child in a safe place – *Tanya Burr, actress, influencer and UNHCR Goodwill Ambassador*

**A refugee is (n)** someone seeks a safe haven – *Leanna, Exeter*

**A refugee is (n)** someone whose life is at risk through war, tyranny or famine seeking to reach safety in another country – *Michael, Blackpool*

**A refugee is (n)** a human being like me. Someone who has fewer choices than me. Someone whom my choices may have caused to flee and seek refuge. A refuge has a story to share, a history to share and a future to share – *Patricia, Hemel Hempstead*

**A refugee is (n)** a symptom of a world disordered, a result of a soul left broken, of dreams dashed and all possessions shouldered. A refugee is me, you, she or he, for this world is ours together or otherwise lost to us all and broken. A refugee is hope unspoken, a kindness ungiven yet it lives – *Marcus, Farnborough*

**A refugee is (n)** a human being with the same rights as all of us, with the same need for food, clothing, shelter and love – *Rod, Bolton*

**A refugee is (n)** a brave person who has been forced to leave their home and the life they had in order to seek safety in a strange new place, while grieving for their losses and having to adjust to a different way of life, probably also being treated unkindly instead of welcomed – *Valerie, Faversham*

**A refugee is (n)** my gifted friend, my collaborator, my teacher, my inspiration – *Helen Storey MBE, artist, designer and professor*

**A refugee is (n)** a mother, a father, a brother, a sister, a colleague, a friend, your doctor, your cashier, your postman, your accountant – and every possible thing in between  
– *Matilda, Norwich*

**A refugee is (n)** someone who builds. Builds relationships, builds homes, and builds new opportunities – for jobs, education and reducing equality gaps  
 – *Asif Aziz, Founder and Chair, Aziz Foundation*

**A refugee is (n)** a child with wonder in his eyes and big dreams in her heart – *Anita Rani, television and radio presenter, and UNHCR Goodwill Ambassador*

**A refugee is (n)** someone who has lost everything; home, possessions, their citizenship in their own country, sometimes members of their family, insecure sources of food, shelter, love. We need to look after them, wherever we live. We are one family. A refugee is one of us – *Suzanne, Frome*

**A refugee is (n)** someone fleeing persecution in her own country and needing help and protection in another – *Ursula, Sheffield*

**A refugee is (n)** the coexistence of resilience, nostalgia and hope – *Lydia, Harpenden*

**A refugee is (n)** in fear of staying in their homes and homeland, from a justified fear of state violence, or driven from homelands due to out of control gang violence, civil war, ethnic cleansing, discrimination, corruption, climate change and/or poverty. All states must aid all refugees – *Charmian, Woking*

**A refugee is (n)** someone seeking safety and the assurance that their basic human rights according to the Geneva Convention will be provided fleeing from a place of conflict or persecution – *Jack, Glasgow*

**A refugee is (n)** someone seeking safety – *Christine, Glasgow*

**A refugee is (n)** a human being who has the courage to start again after the failure of collective humanity (usually) and who values hope over experience – *Noshaba, Edinburgh*

**A refugee is (n)** an optimistic adventurer who fights to gain their human right against persecutions through a form of fleeing – *Angie, London*

**A refugee is (n)** a journalist who loves to tell stories in their own words – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my father, a German Jew who managed to escape from Hitler's Germany in the nick of time. England gave him sanctuary at the time. I think every country should give sanctuary to all those who need it. We, who are so fortunate, must help those need – *Vivien, London*

**A refugee is (n)** someone fleeing to safety – *Patricia, Norwich*

**A refugee is (n)** someone who has to cross a national border to escape their country for reasons of environmental degradation or pressure on their way of life, political or sexual oppression, economics, war, racial discrimination, or any other kind of oppression or victimisation – *John, Wigan*

**A refugee is (n)** a strong, courageous and hopeful person looking forward positively to improving their lives and using their skills in a new environment – *Sue, Bath*

**A refugee is (n)** a person who is at risk of persecution and who needs the protection of another more democratic country as his/her right according to the Convention on Refugees and the UNHCR – *Marilyn, Guildford*

**A refugee is (n)** a gift who enriches their host country – *Emma, Cambridge*

**A refugee is (n)** a person in need of a safe place to live. Whether it be from a war zone or domestic abuse. We all need to feel and BE safe – *Linda, Hailsham*

**A refugee is (n)** someone who flees their country of origin through war, natural disaster, or religious or political persecution – *Martin, Halifax*

**A refugee is (n)** a person who has to leave their home country to escape persecution for political/religious/sexual orientation or other grounds and seek refuge in another country – *Michael, Romford*

**A refugee is (n)** someone who wants to lead a life free from fear, starvation and brutality, to bring up their children in peace where they choose to live – *Michael, Harwich*

**A refugee is (n)** a person who is prevented from living a normal life in their own country on political, faith/religious, ethnic or any other grounds and feels driven to seek safety and protection from another state – *Jim, Hartlepool*

**A refugee is (n)** somebody whose life has become so unbearable in their own country that they are willing to risk anything to find a better place to live – *Helen, Haslemere*

**A refugee is (n)** a person escaping danger in their country to seek safety elsewhere. This danger may be due to conflict, persecution or natural disaster and is not the fault of the people escaping. Poverty alone does not create refugees – *Julia, Haslemere*

**A refugee is (n)** one who seeks refuge. i.e. safety – *Greta, Haverhill*

**A refugee is (n)** someone who has had to flee from their country for survival – *Martin, Haywards Heath*

**A refugee is (n)** someone forced to flee, fearful of the future but courageous enough to try to forge a new life somewhere far from home and in unfamiliar circumstances. Refugees need our help – *Tessa, Alresford*

**A refugee is (n)** someone who, for their own security and/or that of their family, has to flee their home and take refuge elsewhere – *Jane, Surbiton*

**A refugee is (n)** someone who can no longer live in the country they were born or brought up in, whether for reasons of safety or economic hardship – *Ashley, Hebden Bridge*

**A refugee is (n)** a scout who enjoys the company of his troop especially during camping – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who rebuilds at every step, who learns resilience the hard way, who spots opportunities like no other, and who protects their loved ones at any cost. Someone like my friend who accepts what is lost and turns to what is new – *Rachael, Bournemouth*

**A refugee is (n)** a person or persons who flee from their homes in desperation and need a warm welcome to help them adjust to their new life – like the Asian family who fled Idi Armin’s Uganda. They arrived with just one small suitcase each, but in them they had gifts for us. We treasure these!  
– **Anne, Stourbridge**

**A refugee is (n)** a person who embodies hope – **Liz, México**

**A refugee is (n)** a fellow human being, a displaced person, who needs my love and support – **Camille, Hemel Hempstead**

**A refugee is (n)** an individual or family within a given community or country whose life has become intolerable due to economic, political or human rights restrictions resulting from civil strife, wars or ruling regimes – **June, Manama, Bahrain**

**A refugee is (n)** anyone who is seeking shelter beyond the place they live – **Pericles, Henfield**

**A refugee is (n)** a fellow human being who has fled his home because she or he feels it no longer tolerable to live there, either because they fear for their life or safety if they remain or because they can no long maintain themselves in their home because of climate changes – **David, London**

**A refugee is (n)** someone who goes through the rituals of daily life while dreaming of home. Caught in an alien land, he/she relives the snatched past in recurring memories that soothe the ache of not belonging. They seldom get back their heritage but the hope never dies – **Renuka, Delhi, India**

**A refugee is (n)** a person of immense courage – **Audrey, Hereford**

**A refugee is (n)** someone escaping from conflict who has to seek safety in another place – **Caroline, Huntly**

**A refugee is (n)** a person without roots, who have been given forced displacement from the country of his or her original homeland – **Abanti, Kolkata, India**

**A refugee is (n)** someone fleeing their home as it is no longer safe or inhabitable – **Lucy, Hong Kong**

**A refugee is (n)** a human being wanting to live not just to survive through life threatening situations every second of his/ her life. Basically a refugee is a human being who wants to live as a human being and have the rights of a human being! – **Stella, Glasgow**

**A refugee is (n)** anyone who needs help to find safety and welcome away from tyranny and persecution – **Catherine, Houghton Le Spring**

**A refugee is (n)** a person or persons needing refuge and shelter from a seriously troubled life in their own country – **David, Ipswich**

**A refugee is (n)** someone who is seeking safety after they been forced to flee their home country due to violence or conflict. They are no different from the rest of humanity, just simply less fortunate due to the location of the place they were born – **Robyn, Huddersfield**

**A refugee is (n)** getting my support – **Ian, Kidlington**

**A refugee is (n)** someone in desperate need of the practical expression of love – **John, Derby**

**A refugee is (n)** a person whose life or health is threatened as a consequence of circumstances beyond their control, which they did not help to engineer, causing them to seek safety and security in a state other than their own  
– *Barrie, Hythe*

**A refugee is (n)** someone fleeing from hardship, war and horror, leaving behind their homeland, facing adversity, sometimes hatred, sometimes cruelty, but relying on the kindness of strangers who can find goodness in their hearts and embrace them – *Anna, Ingestre*

**A refugee is (n)** a person who is seeking shelter and safety in a second country  
– *Tom, Church Setton*

**A refugee is (n)** someone who has hope and dreams of a better, brighter, safer future – *Belinda, Hackney*

**A refugee is (n)** somebody who escapes a desperate past to find a safer present and in the future adds so much to their host country – *Rabbi Dr Andrew Goldstein, President of Liberal Judaism*

**A refugee is (n)** one in need of care: A safe place, with a secure future, where you are without hunger or fear. The hope to return to your own place of birth when it is safe, if not to remain in safety with a future of hope – *Elizabeth, Keighley*

**A refugee is (n)** someone whose country did not protect them like mine did, now looking to mine and to me for that protection, as they should – *John, King George*

**A refugee is (n)** a fellow human being whose life has been made unviable by circumstances not of their making, someone who should always be afforded a safe haven – *Elizabeth, Kingsbridge*

**A refugee is (n)** a DJ playing and mixing different songs to create an incredible playlist – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person who is unable to stay safely in the country where they currently live. This could be because of many different reasons. They should immediately qualify for protection in a country of their choice, and receive the welcome that they deserve – *Elizabeth, Kingsbridge*

**A refugee is (n)** a mother who had to flee her country to save her children from war, torture and starvation. A young man who is seeking another chance in life to fulfil his dreams because he was denied his dreams in his country. People who deserve kindness, dignity and compassion – *Peggy, London*

**A refugee is (n)** me, or you, depending on many circumstances beyond our control, where and when you are born, your identity, external events  
– *Margaret, Kitchener, Canada*

**A refugee is (n)** people like Prince Philip. Someone who lost their home and country. Then were stateless and homeless. Fortunately he had a social network to support. Unlike nearly all of the displaced persons – *Gerard, Largs*

## A refugee is (n) Dad – Jenny, Bedford

**A refugee is (n)** an ambitious student whose education was interrupted and dreams of becoming a doctor  
 – *Catherine Thomé, Chief Executive, the Saïd Foundation*

**A refugee is (n)** a member of my family AND/OR one of my friends. Sad but true. BUT ALSO, as a Christian, all human beings are my Brothers & Sisters. In the Bible, we are told that our Lord Jesus Christ was a Refugee from Herod in Egypt. God help & bless us all!  
 – *Anne, Hove*

**A refugee is (n)** an individual who was forced to leave their home in search for another one – *Mahashweta, Kolkata, India*

**A refugee is (n)** valuable. They have the same worth as any other human, and deserve the same consideration, kindness and support – *Claire, Billingham*

**A refugee is (n)** a human being who is homeless and vulnerable – *Peter, Lanark*

**A refugee is (n)** hardworking, resilient, strong and committed to active citizenship within their local community, and seeking a better way of life. Just like a rubber band, they bounce back from adversity – *A, London*

**A refugee is (n)** also a human being... Give them the same respect that you expect from others for yourself – *Nouman, Larbert*

**A refugee is (n)** a vulnerable person in need of shelter and protection – *Derek, Dumfries*

**A refugee is (n)** a boy I know, fearful of the sea where he once waited three hours to be rescued – *Esther Freud, novelist*

**A refugee is (n)** a human being who needs help getting to, and building a meaningful life, in a safe place. It falls on those living in safety to pull those in danger toward them. A refugee does not need charity, they need only basic humanity – *Stephanie, Leamington Spa*

**A refugee is (n)** a person seeking refuge in a country where they would be safe and able to live and work without fear – *Edward, Croydon*

**A refugee is (n)** a big sister who cares for the younger siblings and when they are not ok works hard to make them comfortable – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone like me, with the same hope and aspirations – *Jean, Battle*

**A refugee is (n)** a name that is a part of my history and is just a turn of fate away from my future. It is a part of all of us that we must be prepared to protect – *Nick, Klampenborg, Denmark*

**A refugee is (n)** someone who has to leave their own country because they are under threat, whether that be from conflict, repression of their rights, hunger – *Lindsay, Edinburgh*

**A refugee is (n)** a human being like any other. A human being who, through no fault of their own, has been displaced from their homes and even their families. But for the grace of God, anyone could become a refugee. Refugees are you and me, in an improbable situation – *Katherine, Leeds*

**A refugee is (n)** a term used to define a living being that needs support from those who are more fortunate to provide the support that is needed to meet the individuals needs – *Kashma, Leeds*

**A refugee is (n)** a Survivor in need of salvation – *Gary, Leicester*

**A refugee is (n)** somebody fleeing life threatening conflict or persecution – *Jim, Leicester*

**A refugee is (n)** someone who has to leave their home for their safety or wellbeing, including to avoid starvation and / or extreme poverty – *Dilys, Cleckheaton*

**A refugee is (n)** someone that has been forced to seek another home as it is not safe to live in their place of birth, or location that they currently wish to reside in – *Elizabeth, Leicester*

**A refugee is (n)** special, extraordinary, unique, inspiring and everything that is good in the world!!! I love them all dearly!! – *Mobeena, Birmingham*

**A refugee is (n)** anyone who cannot live safely in their home country and is forced to flee and seek sanctuary elsewhere – *Val, Leicester*

**A refugee is (n)** a survivor. A person who has been forcibly displaced by trauma and found Sanctuary away from their original home – *Colleen, Leicester*

**A refugee is (n)** someone forced to leave their home and country due to war, persecution or natural disaster – *Martin, Halifax*

**A refugee is (n)** a human being who needs help to resettle in a Country where he or she can lead a better life – *David, Leven*

**A refugee is (n)** a person displaced by, or fleeing from, war, political/religious persecution, or some other cause such as a famine – *Philip, Birmingham*

**A refugee is (n)** a person trying to escape, often in fear for their lives, from a place or situation which has become dangerous, or terrifying or can no longer sustain life – *Anne, Lincoln*

**A refugee is (n)** a person in need of a safe place to escape persecution and harm on any grounds, to escape war, to be able to feed, house and raise their family safely with the same Human Rights that I enjoy – *Sara, Lincolnshire*

**A refugee is (n)** someone who through no fault of their own is unsafe or persecuted in their own country – *Barbara, Littlehampton*

**A refugee is (n)** a member of our world 'family' who has had to flee their own country and is in need of the loving support of other 'family' members lucky enough to still live in their native land! – *Penny, Littlehampton*

**A refugee is (n)** someone with hope for the future who is prepared to work with others to build that hope – *June, Liverpool*

**A refugee is (n)** what any of us might be in different circumstances – *Babs, Liverpool*

**A refugee is (n)** someone who brings good and bad memories from home but leaves them behind and looks to the future in a new country with hope  
– *Lord Alf Dubs*



**A refugee is (n)** an inspiring co-worker, an outstanding team player, a dedicated and resilient employee, someone that is welcomed in and part of our community – *Mathieu Proust, General Manager UK, Ireland and Emerging Markets, WeWork*

**A refugee is (n)** a fashion designer that enjoys making clothes for others in the community by sharing designs from back home – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my neighbour – *Bill, Leigh-on-Sea*

**A refugee is (n)** someone just trying to find a space they can at least survive but hopefully thrive in, a place of peace and safety in this turbulent and dangerous world. A refugee is someone who but for accident of birth is just like me – *Pietà, Liverpool*

**A refugee is (n)** persecuted people seeking safety and humanity – *Lalita, Llandudno*

**A refugee is (n)** someone who has been affected by external events to the extent that life cannot sensibly be continued in their country of birth or settlement. by dint of danger from people or natural conditions – *John, Llandysul*

**A refugee is (n)** someone with courage, patience, resilience and force. Their chief goal is peace and security. Without the above qualities you can't be a refugee! I am a living testimony with my touching story – *Esaytafo, Algeria*

**A refugee is (n)** someone who has been given solace and safety from an untenable situation – *Rima, Lode*

**A refugee is (n)** someone requiring help, whether it is a new country to call home or just assistance where they are, whatever – *Ian, Bournemouth*

**A refugee is (n)** a hopeful survivor driven by a strong will for a better life. From the starting point, a refugee strongly refuses “the victim identity” and believes in the power of determination. With this positive mindset, A refugee is the embodiment of willpower – *Esra, London*

**A refugee is (n)** someone who has had to flee their country to seek safety, often in fear for their life despite having done nothing wrong. It could be either their own government or outside forces who have caused them to leave – *Ilona, Dudley*

**A refugee is (n)** a human being with hopes and dreams. Had every right to live on this earth with others with dignity, respect, choice and safer and Security. They have also right to have the access of education, treatment, employment and housing – *Munawara, London*

**A refugee is (n)** someone who has been dispossessed, displaced, and discarded. Someone for whom all of us Who Have are called to embrace, honour and restore – *Mark, Wincanton*

**A refugee is (n)** a friend, a teller of stories and a sharer of culture. They always add but never take away – *Rachel, Leamington Spa*

**A refugee is (n)** a human with all due dignity who's dispossessed due to circumstances beyond their responsibility/control who deserve our compassion, understanding and support – *Ali, London*

**A refugee is (n)** someone our hearts should go out to... living in fear and having to leave their familiar home, friends, surroundings... think how WE would hate it! – *Heather, Winchester*

**A refugee is (n)** someone who has lost so many of the things that speak to the very core of who we all are as human beings (our home, job, family, friends, identity, safety) and who is valiantly building their life back from scratch, too often in a world that grossly misunderstands them – *Coco, London*

**A refugee is (n)** someone seeking refuge, safety and support due to persecution, extreme danger or hardship that threatens their ability and opportunity to live and prosper – *John, Brighton*

**A refugee is (n)** a student preparing for exams and studying through the night to pass to have a better chance for university – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my immediate family of origin, so I feel an identity with all the other refugees I meet, host, hear about – *Anita, London*

**A refugee is (n)** someone just like us but for the grace of God. Someone we can help, someone we can learn from – a friend in waiting! – *Mary, Bedford*

**A refugee is (n)** a person or persons who need shelter, protection and a safety from their Country of residence. Human beings who need our help and support – *Anna, Hereford*

**A refugee is (n)** a person who has lost their home through circumstances beyond their control; someone who should be supported and welcomed into our country and community – *Valerie, London*

**A refugee is (n)** an unaccompanied minor who is now learning a new adventure of getting by without my mom or dad – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who has braved unspeakable hardships and sadness in search of a new start where they can have some dignity and chance to lead a decent life – *Ros, London*

**A refugee is (n)** someone fleeing from oppression, natural disasters, unliveable conditions caused by climate change, persecution or intolerable conditions – *Carol, Banbury*

**A refugee is (n)** a “traveller” in pursuit of Happiness – *Ras, London*

**A refugee is (n)** someone who has been forced to abandon all they hold dear, all they know, all that may be familiar, in the place they called ‘Home’ – *G, London*

**A refugee is (n)** a person, like any one of us, who has become displaced through conflict or persecution and deserves to be treated with compassion in their new home – *Iain, Glasgow*

**A refugee is (n)** a human being who seeks a place of sanctuary and freedom from violence, repression and injustice. It is you and me and all of us – *Judith, Derby*

**A refugee is (n)** a human being with hopes and aspirations, no different to you and me, a person with incredible courage, resilience and determination to rebuild life in safety and dignity – *Sabir Zazai, Chief Executive, Scottish Refugee Council*

**A refugee is (n)** someone who looks forward but remembers those left behind  
– *Chris, London*

**A refugee is (n)** anyone fleeing their homeland or country of settlement, because of conflict, persecution or natural or climate related disasters. Anyone could become a refugee and we should treat refugees with the same care, respect and support as we'd wish for ourselves – *Rose, Bungay*

**A refugee is (n)** someone fleeing from poverty, war, torture or persecution – *Terry, London*

**A refugee is (n)** someone who has had to leave their home to escape violence or discrimination – *Anne, Worcester*

**A refugee is (n)** someone who has the determination, the courage and the strength to leave everything behind and seek the potential to become a productive member of society – *Peter, Doddington*

**A refugee is (n)** a person who is treated as rebellious to conform not from the beliefs or traditions or the culture or particular system therefore they're cast off or persecuted for their 'indifference' – *Mickey, London*

**A refugee is (n)** looking for love and acceptance, maybe at home or maybe far from home. Refugee is looking for a better place, where love is in abundance, to give and to receive – *Maria, London*

**A refugee is (n)** the mission of my daughter's life – *John, London*

**A refugee is (n)** just a person who would like to be at home, but is forced to flee because home has become frightening, dangerous, brutal, unviable. A refugee is someone asking for our help to stay safe, stay alive, stay whole in body and heart, till they can dream a future again – *Rosanna, London*

**A refugee is (n)** the guy who gives life to the neighborhood – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person who has been driven out of their home by western greed, horrible leaders and wars and not their fault they have to flee – *Linda, London*

**A refugee is (n)** someone who has no home due to war, or disaster, and has had to leave their home to find shelter and food elsewhere. They have no alternative. It is that or starvation, torture or death. Someone in need who we should assist and respect as a fellow Human – *David, London*

**A refugee is (n)** a human being trying to make a life for themselves despite the horrors they have endured – *Naeela, Doncaster*

**A refugee is (n)** someone who flees from his or her own country and seeks to settle in another; refugees might flee as they are being persecuted or due, for instance, to warfare, famine or the effects of natural disasters or climate change – *Paul, London*

**A refugee is (n)** a human being seeking help – *Alan, Durham*

**A refugee is (n)** someone who has to leave their home and is searching to find a new home in a safe and comfortable place – *Toni, London*

**A refugee is (n)** someone seeking refuge from their situation and finding they have to leave their country of origin to seek safety and greater security – *John, Manchester*

**A refugee is (n)** someone driven by war, oppression, cruelty or persecution to leave their own country and to seek refuge somewhere else, even if that is a very difficult thing to do – *Pamela, London*

**A refugee is (n)** someone seeking refuge from unavoidable ill-treatment or threat in their own country. Someone I welcome to my country, bringing with them new skills and perspectives. Someone it is my duty and my pleasure to help – *Caro, London*

**A refugee is (n)** an ancestor of all of us – *Emma, Brighton*

**A refugee is (n)** someone who has been forced to leave their homeland due to environmental or political circumstances beyond their control – *Kevin, London*

**A refugee is (n)** someone whose home has become an unsafe place for them to live. Someone who needs shelter elsewhere so they can thrive and someone who deserves to be welcomed – *Charlotte, London*

**A refugee is (n)** someone in danger who needs protection. Any one of us could become a refugee, and if we hope that we will get safe harbour if, or when, the time comes, then that is what we need to offer others now – *Sally, London*

**A refugee is (n)** a person bereft of all they have known, deserving respect, kindness, shelter and warmth, transformed by fate, capable of extraordinary things – *Helen, London*

**A refugee is (n)** a place of shelter and protection. From the very beginning people found a shelter for themselves and families. A 'refuge' is a human requirement and a right. A 'refugee' is one denied by the global family of this fundamental right for shelter and protection – *Rev Tom, Stewarton*

**A refugee is (n)** a seed needing the right environment to grow – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who finds themselves living out many of humanity's greatest challenges – *Helen, London*

**A refugee is (n)** someone who had to flee his or her own country and has found refuge in another, safer country – *Astrid, Birmingham*

**A refugee is (n)** not a statistic, not a political football, not a stereotype. A refugee is an individual human being trying to cope with difficult circumstances that are beyond their control – *Stephen, Leeds*

**A refugee is (n)** a human being with a story to share with the world – *Aryan, London*

**A refugee is (n)** someone who has chosen to contribute all the richness of their humanity and experience to our country and culture; someone to be cherished and thanked for choosing to make their home with us – *Fiona, Birmingham*

**A refugee is (n)** a person who is forced to flee from their home and country because their life and, in some cases those of its family are in danger, due to the action of enemies, oppressive regimes, or violent family members – *Irena, Cardiff*

**A refugee is (n)** someone fleeing intolerable circumstances at home where no appropriate redress or support is available. They are resourceful and resilient and demonstrate courage in the face of difficulties. They often make a positive contribution to the country where they settle – *Henriette, London*

**A refugee is (n)** a human being, the same as everybody in the world. People who deserve the same basic human rights, food, a chance of education, access to medical help, respect and dignity. We can not help where we are born, what colour are, but we can effect how we treat everybody – *Douglas, Bolton*

**A refugee is (n)** someone fleeing war, famine or other disaster, natural or man made (e.g. war). A person like you and me who had the misfortune to be in the wrong place at the wrong time and now has to flee their home – *Peter, Burnley*

**A refugee is (n)** a member of the human family looking for a home – *Michael, London*

**A refugee is (n)** when a person who has been forced to leave their Country for Civil war, persecution or National Disaster – *Nafisa, London*

**A refugee is (n)** a human being, just like me. The only difference is that they are in great danger if they stay where they are living. So they have no choice but to seek refuge in another country – *Patrick, London*

**A refugee is (n)** a musician who writes lyrics to express their feelings – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who left a life behind to find a safe future – *Gemma, Brighton*

**A refugee is (n)** a person with the same hopes and aspirations as you and I. I love how generously they bring their delicious foods to us. How boring would life be without new experiences brought to us by our fellow humans – *Shabby, London*

**A refugee is (n)** someone who isn't safe where they live and so moves somewhere else. We should all be free to live and work where we want, but even more so those whose safety is at risk. If we were refugees, we'd want this – *Nathan, London*

**A refugee is (n)** a human being looking for a safe place to flourish in – *Claire, London*

**A refugee is (n)** my dear friend A, who has spent his life trying to find safety and peace, and now works to help other refugees. We have been friends for more than 12 years and he brightens my life – *Melanie, Oxford*

**A refugee is (n)** someone who holds on to hope and possibility when all has been lost and has so much to give – *Charlotte, London*

**A refugee is (n)** a person who, through no fault of their own, leaves behind the life, and sometimes, people they know, for life in a host country. Refugees are seen as dependants but this often ignores the richness they bring both in culture and resilience. We can learn a lot from this – *Longo, London*

**A refugee is (n)** my parents who came to England after the Second World War. They lived, worked and brought up their family here, making their contribution to our society – *Janice, Bewdley*

**A refugee is (n)** someone who needs support and safety – *Francesca, Macclesfield*

**A refugee is (n)** someone who leaves their country not because they choose to, but because they have to – *Richard, Brighton*

**A refugee is (n)** someone, who has lost their home through conflict and has nowhere to live, so flees, hoping it will bring them to a place of safety, depending on the goodness and kindness of strangers – *Deirdre, Maldon*

**A refugee is (n)** someone in search of the better life they are entitled to – *Megan, Chesterfield*

**A refugee is (n)** someone who longs to go home – but finds the memories too painful to contemplate – *Lindsey Hilsum, international editor and writer*

**A refugee is (n)** a seeker of sanctuary for safety and salvation whose search through tribulation is the greatest tribute to those who embrace them – *James, Malton*

**A refugee is (n)** a person who only leaves his/her country because he/she can no longer live there safely and needs the protection of another country – *Ann, Nantes, France*

**A refugee is (n)** a person of any age or status, of any skill level or wealth, who, whether responsible or dependent, finds him or herself forced to leave the security of family home, homeland, culture and often their own language to seek shelter in a foreign land – *Margaret, Malvern*

**A refugee is (n)** a person who holds onto hope for themselves and their family, for a future free from threat and violence. In a turbulent world, that could be me – *SJ, Cambridge*

**A refugee is (n)** anyone irrespective of race, gender, age or religion who is forced to flee their home to seek sanctuary in another country due to physical or mental persecution. As an example, Jesus of Nazareth – *David, Clitheroe*

**A refugee is (n)** a person fleeing the trauma of conflict – *Mary, Dorking*

**A refugee is (n)** a person who has had to leave their homeland due to circumstances they cannot control, like civil war or a dictatorship. They're looking for safety and peace! – *Julie, Manchester*

**A refugee is (n)** a well spiced dish that can impress the world – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person who could be me, who could be you if circumstances changed in an instant  
 – *Cate Blanchett, actor and UNHCR Global Goodwill Ambassador*

**A refugee is (n)** first and foremost a person like you or me, but someone who has probably suffered some personal trauma. She or he has had to leave their home and seek security and a life somewhere else and deserves and needs our support and help – *Richard, Market Drayton*

**A refugee is (n)** the story of my past, that imprints itself on my present and gives me the responsibility for others' stories for the future – *Rabbi Charley Baginsky, Chief Executive Officer of Liberal Judaism*

**A refugee is (n)** a diverse local who, despite their constantly transient lives, can only keep their original culture, customs and faiths, instead of material possessions. Their challenging experiences can teach us all what community resilience, cultural sustainability, and diversity really mean – *Francesco, London*

**A refugee is (n)** someone who has had to leave their homeland because of conflict or natural disaster and go live in a country which they are not culturally the same. There will be a language barriers, homesickness, so many obstacles to overcome – *Diana, Milton*

**A refugee is (n)** someone (of any age, race, gender or ability) who has to leave their country or abode unwillingly and seek a new home or safety. This may be because of conflict, suppression or a repressive regime that is hostile to that person's race, beliefs or way of life – *Gillian, Morden*

**A refugee is (n)** a person who has been forced to leave their home to another country where they will be safer – *Sarah, Durham*

**A refugee is (n)** someone who is determined to live – *Megan, Chesterfield*

**A refugee is (n)** another human being just like me – *Gul, Belfast*

**A refugee is (n)** a person who lost everything and is seeking refuge anywhere for themselves and their families. They could be a doctor/nurse/solicitor/teacher etc but they have lost all that so these human beings should be allowed some dignity/respect as this could happen to anyone – *Yasmin, Morpeth*

**A refugee is (n)** a person in need of a safe place – *Bob, Newark*

**A refugee is (n)** a person escaping persecution and possible death in their own country and thus seeking a new life of safety and opportunity in another more open and understanding country – *Anthony, Leicester*

**A refugee is (n)** someone in the wrong place at the wrong time and wants to reach out for something better even though his neighbour may decide to try to cling to his home, culture and known environment. Who fares better depends on climate, politics and chance – *Hilary, Nr Lewes*

**A refugee is (n)** someone who has to leave their home or lands or country due to intolerable circumstances. Be they through war, famine, religious intolerance, sexual freedom of choice and political oppression. Anyone can become a refugee due to no fault of their own – *David, Bristol*

**A refugee is (n)** denounced, persecuted, exiled, dispersed, refused, sectioned, detained, certified, wherever they seek shelter they should be able to call home. Having escaped dark shadows; having travelled through great adversity, all should be given welcome, dignity not criminalisation – *Dave, Cardigan*

**A refugee is (n)** an individual who has lost everything in their home land and forced to seek refuge in another country – *Eylin, Newcastle upon Tyne*

**A refugee is (n)** someone with an incredible, often anguished tale to tell and from which we can all absolutely learn and towards whom we should all be humble! There but for life's grace go we, no less... What if London fell into deep crisis, would we not re-define 'refugee' then? – *Nikolai, London*

**A refugee is (n)** me without citizenship and a right to live where I am – *Eddie, Birmingham*

**A refugee is (n)** someone having to flee war or persecution in their own country – *William, Newcastle upon Tyne*

**A refugee is (n)** someone escaping danger and seeking safety – *Jane, Bere Regis*

**A refugee is (n)** a person who has been forced to flee their foreign country due to war, persecution or natural disaster – *Pat, Newcastle upon Tyne*

**A refugee is (n)** my dear Uncle – kind and helpful, always smiling, funny and laughing, we miss him – *Christina, Bury St. Edmunds*

**A refugee is (n)** a fellow human being who through no fault of their own has been forced to leave their homeland and seek a new life in uncertain, often hugely unfamiliar circumstances. Kindness and support is what they deserve and freedom from fear and hardship. I wish them strength – *Helen, Edinburgh*

**A refugee is (n)** a person who longs for his/her lost home, with a mind constantly flitting between the familiar past and a forcibly accepted present. Refugees seldom get to go back home, except in their dreams. They die in alien lands still clutching on to the hope of return – *Renuka, Delhi, India*

**A refugee is (n)** someone who is fleeing from persecution, who tries to start their life in another country where they will be safer – *Lynne, Newhaven*

**A refugee is (n)** a person who has fled their own country because of violence persecution and intimidation. Entirely destitute and without a safe place to live – *Nuala, Cambridge*

**A refugee is (n)** my new sister or brother – *Tom, Redhill*

**A refugee is (n)** a boy I met living in a portacabin in the heat of Erbil, waiting, waiting, waiting...  
– *Cardinal Vincent Nichols, Archbishop of Westminster*



**A refugee is (n)** the definition of ‘perfect’, perfect hearts, perfect souls, kind souls, special individuals who none of us could walk in their shoes not even for a second, they are resilient and if I can have half of the strength they have I would be happy – they’re everything good  
– *Mobeena, Birmingham*

**A refugee is (n)** a person displaced from their life in every dimension of their well-being and happiness. A person, through no intrinsic personal action who is forced to leave their state or country due to human choices they’ve made or for characteristics we should protect – *Hazera, Bedford*

**A refugee is (n)** a person (couple/family, often child) with potential who needs safety to be able to grow and contribute – *Sue, Newton Abbot*

**A refugee is (n)** any person who has to move to another country to avoid persecution over their actions or beliefs for a fair and equal world! – *Tony, London*

**A refugee is (n)** someone who has been forced to leave their home because of war, persecution, economic deprivation or climate change – *Hazel, Newton-le-Willows*

**A refugee is (n)** someone who has nowhere to go but has to urgently leave a place of war or conflict or threat or natural disaster for a place of safety – *Peter, Chelmsford*

**A refugee is (n)** someone who has to flee their home country or area due to persecution, violence, or the destruction of their means of survival, e.g., due to the effects of climate change, and see refuge and a new life in a different region or country – *Teresa, Norwich*

**A refugee is (n)** a person who is forced to leave their home country due to fear of violence and possible murder – *Yasmin, Norwich*

**A refugee is (n)** a displaced person who has lost their home and community and needs love – *Jan, Burnham on Sea*

**A refugee is (n)** any of us, with a different roll of the dice – *Gail, Nottinghamshire*

**A refugee is (n)** one searching for a life chance somewhere new – *Stan, Cambridge*

**A refugee is (n)** fleeing a terrible/dangerous situation in their own country to find refuge in another one – *Lynne, Newhaven*

**A refugee is (n)** a survivor. Refugee means courageous, resilient, and undefeated. A refugee is someone who survived against all odds. Refugees are people who have had their most fundamental human rights violated and still remain the best and strongest example of humanity – *Taran, Nottingham*

**A refugee is (n)** a human being who has had the misfortune – through no fault of his/her own – to lose home and country. He/she deserves protection from loss and every support in retaining the dignity due to every human being – *Anne, Nr Hexham*

**A refugee is (n)** someone who, through no fault of their own and in accord with the Declaration of Human Rights, finds it impossible to live in the country of their birth or choice. As a result they need to have safe passage to a welcoming place of safety – *Ben, Beccles*

**A refugee is (n)** a person seeking a safe haven – *Barbara, London*

**A refugee is (n)** someone who's rejecting the conditions that robs him/her from their birth right of a safe, better and dignified life and merely exercising her/his right to seek it – *Hatim, Neunen, The Netherlands*

**A refugee is (n)** a person fleeing a place where they or their loved ones feel threatened with their very survival if they remain – *Juliet, Dorking*

**A refugee is (n)** someone brave enough to leave their home country with faith and hope in the good will of others – *Lucy, Nuneaton*

**A refugee is (n)** any person who is forced to leave their own country owing to their life and / or livelihood being under threat causing them to seek safety in another country. This may be as a result of conflict, torture or economic deprivation and may involve an individual or family – *Margaret, Omagh*

**A refugee is (n)** someone who needs our unconditional help and support – *Mark, London*

**A refugee is (n)** someone who fears for their life and/or safety, or the lives and safety of their close family members and as a result is forced to leave the place where they have been living and seek shelter elsewhere – *Mike, Otley*

**A refugee is (n)** my husband's Polish grandparents who were given safety, a home and a job after the war. What has changed? – *Marilyn, Newton Abbot*

**A refugee is (n)** always carries something from home, but needs us to make them feel at home somewhere else in our world – *Lyse Doucet, international journalist*

**A refugee is (n)** someone who has had to leave behind their country of birth, often their beloved home, because of war or other dangers and travel to find somewhere safer to live. A refugee is someone brave enough to move away from everything they have ever known and begin again – *Eabhan, Caernarfon*

**A refugee is (n)** a person who is escaping from intolerable living conditions – *Monica, Oxford*

**A refugee is (n)** my father in law who travelled to England with his mother to escape the Nazi persecution of Jews between WW1 and WW2. He fought in the British army in WW2 and established a thriving business employing many people. He made a great effort to be accepted as British – *Barbara, Dorchester*

**A refugee is (n)** a victim of the dark side of humanity saved by the bright side of humanity – *Jeng, Paris, France*

**A refugee is (n)** one of the children on a school trip to the Citadel in their home town, Aleppo, whom I met in 2001. They sang me their school song as I sat amongst them. From 2011 on Syria sank ever deeper into civil war and their homes were destroyed. In 2021, where are they now? – *Ann, Bristol*

**A refugee is (n)** a person of integrity – *Hugh, London*

**A refugee is (n)** The 9-year-old insisting we read his favourite stories together; Picked up English so quickly he is his dad's go-to translator.

The 11-year-old who has started to learn the violin; He is the strongest child I know and yet of course somehow this works.

The 3-year-old, same as my niece, whose eyes burn just as brightly

– *Harry Baker, Poet, Margate*

**A refugee is (n)** someone who has braved hardship, endured struggle and champions what it means to make a difference despite the odds  
 – *Zara Mohammed, Secretary General of the Muslim Council of Britain*

**A refugee is (n)** a girl, daughter, wife, a woman who inspired her new community showing the real meaning of strength and her voice into the right words – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** an asset to this country: UK – *Christopher, London*

**A refugee is (n)** someone forced by circumstances outside their control to leave their home – *Haze, Coulsdon*

**A refugee is (n)** a human being in need – *Jan, Penzance*

**A refugee is (n)** a fellow human soul, someone who has lost all they thought they knew; place, home, often the family, friends and community that is the bedrock of most of our lives. There but for the grace of God, go I – *Alistair, Alnwick*

**A refugee is (n)** someone, like me – *David, Crewe*

**A refugee is (n)** anyone who flees from danger or persecution and seeks help, shelter and safety – *John, Petersfield*

**A refugee is (n)** somewhere who has had to flee their home just to survive – *Dave, Derby*

**A refugee is (n)** one who is escaping persecution for any reason, (Religion, Race, Colour) and fears for their life in war, one who is escaping poverty created by country's own poverty or political system. Anyone fleeing forced marriage – *Ian, Pontypridd*

**A refugee is (n)** one of 'us' in the wrong place at the wrong time in need of our humanity. Often as a result of the 'arms trade' directly or indirectly – *Mark, Newton Abbot*

**A refugee is (n)** a person desperately needing help and safety, they are at great risk, because their home country is not safe. They will likely have experienced trauma. We have a duty to help – *Sarah, London*

**A refugee is (n)** a trans man who simply enjoys the little this life has to offer such as flowers and scents – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my fellow human being who has sadly had to flee their home and seek safety and shelter in a new place – *Eirin, Portadown*

**A refugee is (n)** a precious person of value and worth who for some reason has had to flee from all that they know, from their homes and culture and extended families to start again in safety and dignity in another country, where they should be able to flourish, and be cherished – *Fiona, Reading*

**A refugee is (n)** first and foremost a valuable human being: someone who has been forced from their home and country by war, famine, natural disasters or climate change. And they are persons who deserve to be treated with respect and compassion – *Pamela, Broadway*

**A refugee is (n)** someone who is unable to live in their own country due to the risk of harm which can be harm to their health, physical safety, political freedom, education or development – *Anthony, Reading*

**A refugee is (n)** a brave person who has to turn their back on their homeland due to war or persecution and not by choice. They deserve food, warmth and empathy wherever they may get to – *Oliver, Criccieth*

**A refugee is (n)** a person who had to flee their home due to political, conflict, or climate insecurities – *Élise, Reading*

**A refugee is (n)** the little Cambodian girl I picked up from a spot near the Thai-Cambodian border – she was shivering with cold, her clothes were wet through and she did not know where she was. I carried her to a makeshift hospital but she died in my arms. I will never forget her – *John, London*

**A refugee is (n)** someone who loves life and wants not only to live but to help make life better for others – *Anna, Biggar*

**A refugee is (n)** a person. Everything else is at least secondary – *Sarah, Cardiff*

**A refugee is (n)** a victim of circumstances that most of us can only ever imagine. They deserve the basic tenets in life; food, water, shelter, safety and hope, and those more fortunate than they should do everything in their power to help them – *David, Redruth*

**A refugee is (n)** a human being who has been forced to leave home because of violence, persecution or natural disaster. Someone who needs a safe space to start a new life – *Chris, Fulking*

**A refugee is (n)** one who has reached safe haven – *Ron, Roanoke, USA*

**A refugee is (n)** someone seeking an opportunity for themselves, maybe family too, to live without fear, danger or persecution by finding a new homeland. A home that will protect, honour and nurture them, so that they can grow and be free to become the person that they deserve to be – *Jacqui, Clitheroe*

**A refugee is (n)** two girls in my class, both Jewish, both survivors of the Nazi camps. I was in a primary school in Vienna c1950 onwards. I never forgot the Weiss twins or the refugee huts where they lived until repatriated. One day they disappeared quietly to a better life – *Patricia, Robertsbridge*

**A refugee is (n)** always on the run. There is always a great shadow looming behind. There is no going back. There is nothing to go back to. That is why the running began. A refugee is never able to experience true security, rest and support if it comes from what they left well behind – *Elise, Marble*

**A refugee is (n)** someone who has lost everything they ever knew, their home, their sense of belonging and maybe some of their friends and family too – *Robin, Royal Wootton Bassett*

**A refugee is (n)** someone travelling away from danger and towards hope  
– *John, Great Missenden*

**A refugee is (n)** an incredible work colleague who every day inspires others with the resilience they demonstrate and pride they radiate – *Kerry, Barry*

**A refugee is (n)** someone who can never again feel at home at home – *Lou, North Chailey*

**A refugee is (n)** a person who, for reasons of safety, persecution or starvation, is forced to seek refuge in another country, which is not the country in which he/she is already living – *John, Herne Bay*

**A refugee is (n)** someone we should help – *Ben, Cape Town, South Africa*

**A refugee is (n)** a fellow human being desperate for shelter, peace, an active life of education, work and raising a family. Someone who, through various awful events, seeks love, compassion, tolerance, a place to call home and feel welcome in. An unlucky fellow traveller through life's travails – *Elizabeth, Salisbury*

**A refugee is (n)** a person like me who has been robbed of everything and needs my help – *Sasha, Corbridge*

**A refugee is (n)** a world citizen seeking refuge, sanctuary and support from torture, violence, abuse, threat of harm or death, including drought, flood or famine, in another country or state – *Kate, Sandwich*

**A refugee is (n)** a community worker who works with everyone in the community regardless of their nationality – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** a person just like you or I who leaves their home in search of the safe life that we take for granted and which, by pure luck, we are able to enjoy – *Raj, Seaford*

**A refugee is (n)** someone seeking safety from an event or action that has had a catastrophic effect on their previous way of life – *Mike, Settle*

**A refugee is (n)** a fellow human being seeking refuge from unbearable situations in their home countries. They have to take terrifying risks to escape from persecution and real danger. They are in urgent need of help and safety – *Janet, Sharperton*

**A refugee is (n)** someone without a home or country. Driven from their country – *Marilyn, Bristol*

**A refugee is (n)** a fellow human being who has had to leave their home and community and is in need of care and compassion from those willing to help – *David, Sheffield*

**A refugee is (n)** someone fleeing intolerable conditions, usually involving loss of life and fear – *Jill, Sheffield*

**A refugee is (n)** a person seeking to start a new, secure, and fruitful life, amongst alien corn – *Malcolm, Sheffield*

**A refugee is (n)** anyone who has had to leave their home country as a result of intolerable events or circumstances – political, cultural, social, climatic, or other environmental causes – *Ralph, Birmingham*

**A refugee is (n)** a stranger, someone forced against their wishes to leave home and live somewhere unfamiliar amongst people not their neighbours. The writer of Exodus instructed his people-- Thou shalt neither vex a stranger nor oppress him: for ye were strangers in the land of Egypt (Ex.22.21) – *John, Shrewsbury*

**A refugee is (n)** a fellow human being I want to help! – *Irene*

**A refugee is (n)** refugees are humans waiting to go back home to their own country. Staying temporary at remote area is not permanent for refugees – *Josephine, Singapore*

**A refugee is (n)** someone from another culture I meet or hear of when they are needing help – and I can help them; also someone able to use their gifts and talents in a new situation, whom I respect and admire – *Lesley, Bristol*

**A refugee is (n)** an individual, a human being needing somewhere safe to be, some help – *Adam, Leeds*

**A refugee is (n)** someone who has braved all the risks and terrors of a dangerous journey in the hope of finding sanctuary in a foreign country. May that hope not be misplaced! – *Charles, Skipton*

**A refugee is (n)** someone who in fear of persecution, civil war, famine or other life threatening circumstances has been forced to leave their homeland to seek sanctuary in another country – *Rachel, Colchester*

**A refugee is (n)** someone who has left the home of their true selves due to illness or abuse, who inspires me with their courage and faith – *Lavinia, Skipton*

**A refugee is (n)** a person who has no alternative but to flee their home because staying there has become the more dangerous option, and who needs to find a new place where they can build a new life – *Trista, London*

**A refugee is (n)** my Huguenot ancestors who fled from persecution to make a new life in the UK – *Sue, Snodland*

**A refugee is (n)** a person or persons seeking respite from emotional, physical or intellectual distress – *Styx, Crewe*

**A refugee is (n)** someone who is forced to leave their place of safety (home, state, country) and who is left fending for themselves as they seek refuge in another place where they hope will be safe – *Tom, South Molton*

**A refugee is (n)** someone (very often part of a large or very large group of people) who flees their own country to escape war, or civil war, or famine, or severe climatic episodes – *Arvind, Southampton*

**A refugee is (n)** a person who has left their homeland for the purpose of finding sanctuary from the danger and hardships in their native country – *Neil, Southampton*

**A refugee is (n)** a student I once taught, whose compassion, humanity and warmth in wanting to help others inspired and taught me too  
– *Michael, Brighton*

**A refugee is (n)** a Syrian farmer on a visit from the city to our country village who stood at my field gate and wept when he saw the cows in the field next door. He had had to leave his behind – *Judith, Bishop Monkton*

**A refugee is (n)** an individual or family, believing above everything, that they are willing to give their all for the country that shelters them and encourages the development of their educational and working future – *Lynne, London*

**A refugee is (n)** someone who needs help and support from whatever evil they are fleeing from. As far as I am concerned, all deserve our support – *Wendy, Crewe*

**A refugee is (n)** my sister, my brother, my child – *Sandra, Southampton*

**A refugee is (n)** a representation of a failure of humanity and governance whilst simultaneously being an opportunity for hope, strength and resilience in creating a better future for every single human inhabitant through compassion – *Alex, Southampton*

**A refugee is (n)** a human being who has been forced to leave his country because of fear of death, torture or starvation – *David, Chagford*

**A refugee is (n)** somebody just like you or me, who needs safety, shelter and belonging – *Robert, Southend-on-Sea*

**A refugee is (n)** anyone who has to leave their own country and seek a home somewhere else, because of persecution, impossible living conditions (e.g. famine, drought or civil war) or conditions that amount to persecution, e.g. because of their race, sexual orientation, or gender – *John, Southport*

**A refugee is (n)** a person like me who just wants to live a life like mine. If their world became my world, then I too would be a refugee – *Heather, Southwell*

**A refugee is (n)** someone who is vulnerable, cannot safely stay where they are, who needs help to find a safe and secure home for their families and themselves and who should be able to expect that help to be willingly given – *Judith, St Day*

**A refugee is (n)** a human being who has been displaced by war, discrimination or cruelty – *Val, St Ives*

**A refugee is (n)** someone swapping no future for an uncertain one – *Dan, Stafford*

**A refugee is (n)** a child in Britain desperately wanting their parents to know they're safe – *Kate, Stalybridge*

**A refugee is (n)** someone who had no other choice but to leave and who deserves our help to stay in a safe place – *Phil, Stockton-on-Tees*

**A refugee is (n)** someone who will bravely adapt to a new world. One which may be very different to the world they left – *Lucy, Mold*

**A refugee is (n)** someone who is escaping violence, risk to life and, like all of us, wants to live in peace and safety for their family. Where one day they may be the Doctor that saves your life – *Robert, Ballymena*

**A refugee is (n)** not illegal no matter how they arrive here in the UK – *Karen, Stoke-on-Trent*

**A refugee is (n)** a person seeking a place of safety – a refuge – *Colin, Stoke-on-Trent*

**A refugee is (n)** a person/persons seeking help, understanding, support, care from persecution violence be it physical, mental or emotional gender based abuses, and in need of support from another country a safe haven for their immediate family members to recover and start a new safe life – *Pemmy, Bristol*

**A refugee is (n)** a mother who takes care of her children and finds joy in giving love to unaccompanied minor – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who has been failed by their own country, and needs our help – *Alan, Maison-Laffitte, France*

**A refugee is (n)** a fellow human being who needs refuge because their home country or region is no longer safe for them – *Alison, Stroud*

**A refugee is (n)** a human being driven from his/her country for political, climatic or even abject poverty – *Mo, Bristol*

**A refugee is (n)** a person who is forced to leave their place of birth unwillingly and through forces beyond their control – *Geraldine, Stroud*

**A refugee is (n)** someone forced to leave their home due to hunger, threats to life and/or limb, persecution on grounds of race, colour, creed, political persuasion, sexual orientation or gender identification, and is therefore seeking safe refuge in another country or place – *Tony, Sturminster Newton*

**A refugee is (n)** me...but for an accident of birth – *David, Cambridge*

**A refugee is (n)** someone fleeing from danger and looking for a safe place to live – *Barbara, Poynton*

**A refugee is (n)** my doctor when I need his or her support in the future – *Margaret, Worcester*

**A refugee is (n)** anyone who has to flee their country due to war, famine or other disaster – *Janet, Sully*

**A refugee is (n)** any person who is compelled to leave their home to seek safety from perceived risks to themselves or their families. It is clear that some refugees face greater threats and have fewer paths to escape. These need our assistance most urgently – *Dan, Runcorn*

**A refugee is (n)** any woman, man, or child seeking refuge and safety from hunger or oppression, political or economic – *Patrick, Swanage*

**A refugee is (n)** someone seeking refuge from war, conflict, persecution, poverty or climate change – *Malcolm, York*

**A refugee is (n)** a person who stood up and stood by their beliefs even in the face of fear or persecution  
– *Andrew Copson, Chief Executive, Humanists UK*



**A refugee is (n)** you or me  
when our home becomes too  
dangerous; lives may change  
direction but the hopes, dreams,  
love and ambition are still there  
with the potential to be anything.  
A refugee is you or me  
– *Charlotte, Droitwich*

**A refugee is (n)** someone who has had to leave their home due to war, persecution, famine or natural disaster and needs food, clothing and somewhere to live and hope for the future – *Jenny, Swansea*

**A refugee is (n)** someone who is in danger or extreme danger in their own country and looks to seek peaceful refuge in another country that will show them compassion and kindness – *John, Tiverton*

**A refugee is (n)** a human being who deserves our help and compassion – *Anna, Swindon*

**A refugee is (n)** a beating heart who wants to feel safe and prosper in their new home – *Emanuela, Sydney, Australia*

**A refugee is (n)** someone for whom the country of their birth can never be home – *Carolyn, Taunton*

**A refugee is (n)** someone who is very resilient to all the difficulties of statelessness and can turn life around when given opportunity and development – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** someone who has guts – *Monica, Templecombe*

**A refugee is (n)** you, but in danger, with nowhere to hide, just looking for somewhere you can feel safe. Everybody thinks it could never happen to them, but sometimes it does – *NA, The Wirral*

**A refugee is (n)** just like me...but without a home – *Margaret, Thirsk*

**A refugee is (n)** someone for whom home is no longer safe and as a result forced to flee; however dangerous the journey it is safer than remaining – *Sarah, Bristol*

**A refugee is (n)** a brilliant award-winning documentary filmmaker, and a big-hearted father and friend – *Alex, Amsterdam, The Netherlands*

**A refugee is (n)** a person who leaves their country due to intolerable conditions there – *Diana, Todmorden*

**A refugee is (n)** a person who is seeking help and refuge from someone or people who are more safe and secure than they are – *David, Worthing*

**A refugee is (n)** potentially each one of us since the world we live in is so unstable and by reaching out to those escaping disaster elsewhere we work to make our world more liveable – *Ann, Nottingham*

**A refugee is (n)** someone who has been forcibly displaced from their home for reasons beyond an individual's control, with or without the use of physical force – *Roger, Tunbridge Wells*

**A refugee is (n)** Heartbroken, Homeless, Powerless – *Neil, Glasgow*

**A refugee is (n)** someone who needs sanctuary for a variety of reasons and needs love and practical support – *Julia, Uppingham*

**A refugee is (n)** a person who lacks security, nutrition or development. To me a refugee is not just a person who doesn't have the ability to live in his country and practice normal human activities freely but also a person who has to travel in order to seek different environment – *Fares, Cairo, Egypt*

**A refugee is (n)** someone hoping to reach a safe haven having left everything behind except their skills, their optimism, their desire to contribute and their gratefulness – *Rob, London*

**A refugee is (n)** someone who is forced to leave their home and seek sanctuary in a foreign land – *Sarah, Usk*

**A refugee is (n)** a displaced person who despite the said displacement, has the heart and courage to carry on regardless of what the world throws at them – *Iir, Canterbury*

**A refugee is (n)** a man like me who needs love and acceptance. A family member and a soulmate. A friendly voice and a bright light in my life. I will always be with you – *Konstantinos, Volos, Greece*

**A refugee is (n)** someone who is no longer safe at home. Someone who has lost their place at home. No longer belonging where they were born, or where they lived, they are homeless and adrift. They have to find a people and a place where they can belong and thrive again – *Shelagh, Wallasey*

**A refugee is (n)** someone who seeks refuge, asks for help, assistance, sanctuary, is in need. We have an obligation to help in whatever way we can to alleviate their suffering inshaAllah – *Bibi, London*

**A refugee is (n)** a person or family searching for a safe place to live, love and grow free from persecution, bigotry and discrimination – *Patrick, Melbourne, Australia*

**A refugee is (n)** a person whose home country no longer provides protection or hope for their physical, or emotional health and seeks those human essentials where these can be met and where they may again live truly for themselves and for others – *Garry, Walton-on-Thames*

**A refugee is (n)** someone who has been displaced through no fault of their own. They are travelling out of necessity to find a place of refuge. Looking for a place of safety to call home. A place in which they can rebuild their broken lives – *Sarah, Ware*

**A refugee is (n)** someone who is not safe in their own country and will do anything it takes to get their family to a safer place, even though it means losing everything and risking their lives for their hopes of a safer future for their children – *Diane, Waterlooville*

**A refugee is (n)** an adopted son who makes my life richer in every conceivable way  
– *Emma Thompson, actor*

**A refugee is (n)** someone who will sail cross an ocean, stride through a desolate jungle, travel via a desert, climb over a mountain fly in a jet to save herself, her child and family. She's running away from persecution from a tyrant, a corrupt system and homeland that wants to take her life. Now, that's a fellow human being who deserves security and care  
 – *Dr Musharraf Hussain OBE, DL Translator the Majestic Quran*

**A refugee is (n)** someone displaced, through no fault of their own, whether by natural disaster or by man's inhumanity to man caused by greed, ignorance, religion, colour, injustice or whatever – *Mervyn, Watton*

**A refugee is (n)** someone who is resilient, a survivor, courageous in the face of adversity and deserving of compassion and help to make a new life – *Monica, West Wickham*

**A refugee is (n)** someone who has to leave their life behind and deserves our help to build a new one – *Jo, Saffron Walden*

**A refugee is (n)** a widow who now takes care of her children and enjoys reminiscing about the memories and good times she had with her husband before the war – *Anon, Refugee student, UNHCR DAFI Scholarship programme*

**A refugee is (n)** my biological father who fled Nazi occupied Poland; the students I taught from Sarajevo whose loved ones were being treated here for injuries they suffered in the Bread Queue Massacre; my friends, Chilean political refugees who fled the Pinochet regime – *Vivian, Birmingham*

**A refugee is (n)** someone fleeing from violence in the home environment... particularly women and children. Throughout the pandemic, the stresses and strains have created more refugees. Support for all persuasions continues to be imperative in such a volatile world – *Kathryn, Wezembeek Oppem, Belgium*

**A refugee is (n)** someone who has had to escape, or been driven out by the needless hatred, or prejudice of others and have come to us hoping to find the understanding and acceptance that can enable us all to live together as one human family. May they find it among us. Amen – *Vera, Redruth*

**A refugee is (n)** a person who in genuine fear of persecution and through displacement from home presents others with an opportunity to demonstrate unconditional kindness, compassion and humanity – *Matthew, York*

**A refugee is (n)** a person who has had to leave their homeland not through choice or wrongdoing but because they are at risk of discrimination or persecution – *Bridget, Belfast*

**A refugee is (n)** a 12 year old girl who understands how important education is to achieving her dreams – *Gillian Triggs, UNHCR Assistant High Commissioner for Protection*

**A refugee is (n)** a myth buster! The perfect example of why you never judge a book by its cover – *Nathalie, IKEA Doncaster*

**A refugee is (n)** a person living on the side of the road in a shredded tent watching lucky people drive past to and from their holidays, whilst their only reason for living is the hope that they can get across the border in search of a better life – *Nic, Geddington*

**A refugee is (n)** my great grandma Esther – forced to leave everything she loved but here, in safety, found a way to live and to love again – *Laura Marks OBE, Chair, Holocaust Memorial Day Trust and Co-founder Nisa-Nashim, Jewish/Muslim women's network*

**A refugee is (n)** to be provided a shade, a resting place from a host country whilst on the other hand being cut away from everything that relates to one's identity. Thereby creating sense of urgency to one day become someone with a humanitarian identity whose resting place is the Earth whilst living in its fullness – *David, London*

**A refugee is (n)** me in different circumstances – *Five, Monmouth*

**A refugee is (n)** someone who carries the house key and never gives up on it but looking for a new home safety, security and stability – *Noushin Raja, CEO and founder, Moonlight Trust*

**A refugee is (n)** someone just like me in a different place and time, trying to protect my children from violence, poverty or climate change, with so much to contribute to my new country – *Laura, London*

**A refugee is (n)** a strong connection with our humanity, when we are at our most vulnerable, a friendship with oneself, with the other, with humanity and the world we live in – *Paul, IKEA Cardiff*

**A refugee is (n)** one who believes in hope in the midst of great hopelessness around – *Dennis, Kendu Bay, Kenya*

**A refugee is (n)** someone who has experienced events they should never have to, yet persist with a resilience and sense of hope stronger than anyone else – *Nav, Ipswich*

**A refugee is (n)** someone who needs our help but can often be refused it. We need to change – *Amrit, Suffolk*

**A refugee is (n)** someone who is forcefully fleeing from persecution. The key word being forceful as that is what distinguishes a refugee from a migrant as Refugee didn't have a choice due to external circumstances not being in their control – *Muhammad, Leicester*

**A refugee is (n)** a woman of inspiring faith – *Carwyn Hill, CEO and Co-founder, Hope Health Action*

**A refugee is (n)** someone in a long, dark passage with the horror of blackness behind and desperately looking for light at the end of the tunnel in front – *Robert, Geddington*

**A refugee is (n)** another human being who found themselves in a vulnerable situation, not by choice but forced by a situation they had no control over and this is why supporting/helping them is important as with little help they can flourish and become valued members of society we live in – *Paula, IKEA Service Office*

**A refugee is (n)** the artist, the songwriter, the storyteller, the inspiration, the emblem of love and resilience, and a shining light of positivity!! – *Meghan, Derry*

**A refugee is (n)** someone I could have been, had I been less fortunate – *Adrian, Cheltenham*

**A refugee is (n)** my brother or my sister – *Jim, London*

**A refugee is (n)** a wish for a chance to do better, to be better – *Stephen, Bromley*

**A refugee is (n)** the human whose suffering starts when the problem and fear of fleeing home starts. It starts when you feel you become a stranger in your country. When you think and decide about the journey to leave your country. This word means the suffer and the pain which starts internally from the deep heart leaving your parents, family, friends, places and going to the unknown, unsure if you arrive alive or you become fish food – *Sabah, Leeds*

**A refugee is (n)** someone you can always count on to be there to help, for guidance, or just to have a laugh – *Neve, IKEA Glasgow*

**A refugee is (n)** everything. Maybe it's air, plant, people, animal. Could be the wind. Something that comes from one place to another. Needs protection, love, accommodation, respect, and treatment to settle themselves. Anything that moves from one place to another, it could a disaster, a hurricane, natural or human. Refugees need love, respect, protection, accommodation, and treatment – *Anon, HEARTS Youth Group*

**A refugee is (n)** the 30 million who have fled conflict and persecution, most to neighbouring countries, a tiny minority to the UK. But most of all they are human beings who give more than they take and have borne more than most and deserve to be welcomed with compassion and humanity – *John, London*

**A refugee is (n)** someone up everyone's family tree – *Jackson, Glasgow*

**A refugee is (n)** someone who, like my grandparents, is forced by persecution and/or economic hardship to leave the place they were born, the people and places they know, and go to a strange country with a different language and culture. Like many refugees they met poverty, mental breakdown and prejudice. I am grateful to them, and mindful that I am only alive today because my grandparents were refugees – *Tessa Ackerman, Jewish co-chair Nisa-Nashim, Leeds*

**A refugee is (n)** passed by – *John, Geddington*

**A refugee is (n)** a little girl running away from those who snatched her childhood – *Nic, Geddington*

**A refugee is (n)** some just like me, but not so lucky. Someone who has fallen on hard times and needs support from those more fortunate in the world who are well able to help, in whatever way. That's me! – *Janet, Newcastle upon Tyne*

**A refugee is (n)** like any other human being, a person who deserves to live freely in a safe place and who merits our welcome and our protection because they are us – *Jeremy, Cambridge*

**A refugee is (n)** a human being searching for a home – *Nicole, Derry*

**A refugee is (n)** someone looking for humanity to deliver safety – *Pauline, Woodbridge*

**A refugee is (n)** a colleague who brings a different viewpoint – *Aaron, IKEA Glasgow*

**A refugee is (n)** a young girl who has fled war in Syria to live in a refugee camp in Turkey for a few years before making her way to Canada to become one of my daughter's best friends – *Tiffany, Victoria, Canada*

**A refugee is (n)** a peaceful person, who is looking for the safety, safe and warm place to stay. They are full of potentials – education, experience, work ethics, life – but was forced to escape and leave his country. They're not at all a person who likes to rely on government and to receive a job seeker allowances. He seeks to get the chance to re-improve and re-establish life in a safe environment. Wishes to reunite with family and for the government to allow them to live with their parents because they're the only child and carer to them – *Sabah, Leeds*

**A refugee is (n)** you or/and me under various circumstances – *Alesha, Sunderland*

**A refugee is (n)** humble, hardworking and a fascinating story – *Gosha, IKEA Glasgow*

**A refugee is (n)** an inspirational friend who despite the trials in their life, has the courage to help others with an open heart and loving smile – *Alexi, Sheffield*

**A refugee is (n)** a scar that shames us all – *John, Geddington*

**A refugee is (n)** someone who deserves recognition, respect, safety, support and love from their host country. As Desmond Tutu once said: 'We are all born in the likeness of God' – *Karen, Alnwick*

**A refugee is (n)** a person wants to feel safe to brighten others' lives. Who lost all the kinds of lights in his country that may shine the road to a better future and asks the world to re-light the road by receiving refugees with dignity – *Tebessum, Adana, Turkey*

**A refugee is (n)** possibly every single person on earth, if confronted with prejudice, persecution, natural disasters ... and deserving of respect, compassion and support from every one of us – *Yasmin Gill, Muslim co-chair Nisa-Nashim, South Manchester*

**A refugee is (n)** someone whose experiences you can learn a lot from, and you should try to help them ease into their new surroundings – *Euan, IKEA Glasgow*

**A refugee is (n)** someone who loves their family in the deepest possible way and uses this as their guiding light – *Chelsey, Hastings*

**A refugee is (n)** another human being, who has had the misfortune to be at receiving end of political/war/famine and yet should have the equal opportunities and liberty, we take for granted. An international colleague who needs to make a difference in any global organisation – *Joseph, Colchester*

**A refugee is (n)** someone's son or daughter, brother or sister, mum or dad. They are footballers, scientists, teachers, taxi drivers, musicians, artists, cooks and cleaners. They are from everywhere. They need our help: we can and should give it, gladly – *Ewan, White*

**A refugee is (n)** a demonstration of the astonishing and inspiring human capacity to turn trauma into healing and transform suffering into hope, in their individual journey from an unfathomable past, towards a renewed and more harmonious future  
 – *Chief Rabbi Ephraim Mirvis*

**A refugee is (n)** someone who deserves good and consistent healthcare facilities, just like anybody else – *Gauri, Bangalore, India*

**A refugee is (n)** my grandfather who came to safety in the UK after the Second World War and built a successful life here. someone who misses their family and culture everyday, but knows that to stay safe they have to build a life elsewhere. A refugee should be welcomed – *Laura, Dartmouth*

**A refugee is (n)** a person who simply wants to live safely – *Muzammil, Pakistan*

**A refugee is (n)** someone who is brave enough to risk the uncertainty of moving to another country instead of remaining in danger in their own homeland. I think that is one of the best definitions of human strength and resilience – *Ioana, Edinburgh*

**A refugee is (n)** someone seeking harmony and safety – *Jane, Geddington*

**A refugee is (n)** every being on this earth, temporary. Born with only its bodily possessions, leaving the earth empty-handed. In constant need of help, sustenance and love. Tested to make room for others, accepting each human soul as an equal without prejudice or hatred. Forced to leave this earth and life at the end of its prescribed time – *Sameena Aziz, Muslim co-chair Nisa-Nashim, Peterborough*

**A refugee is (n)** in search for a better everyday life – *Fiona, IKEA Glasgow*

**A refugee is (n)** a nurse who looks after his/her patients with care, compassion and courage without any form of discrimination – *Cyrille, London*

**A refugee is (n)** someone who cares, but has been driven from the land they love, by no fault of their own, and only wants to go home to a safe home – *Alison, Ashbourne*

**A refugee is (n)** somebody. Somebody with family and friends; with feelings and emotions; with aspirations and fears. Somebody deserving of life, of love, of dignity, and of the right to be. a part of the oneness that constitutes our Earth – *Caitlin, Dudley*

**A refugee is (n)** a human being I am proud to support and stand with because I believe together we can shape a fairer, safer and kinder world – *Andy, Sheffield*

**A refugee is (n)** a strong and resilient person who refused to surrender and decided to start again – *Tareq, Geneva, Switzerland*

**A refugee is (n)** a strong human who refused to give up and risked his life to protect his/her right to live in a safe place with equal opportunities and fair duties – *Emad, Windsor*

**A refugee is (n)** the same as you and I – *Elise, IKEA Glasgow*

**A refugee is (n)** someone who has moved away from their home country due to the fear of which they might get persecuted – *Kieran, Newcastle upon Tyne*

**A refugee is (n)** someone who is seeking safety and protection. Someone who is fighting for basic human rights – *Tracey, Geneva, Switzerland*

**A refugee is (n)** someone who loves life, beyond frontiers – *O, Mexico*

**A refugee is (n)** a person who has been displaced by events beyond their control. Often some of the greatest contributors to our society, they belong to a community in need of our empathy, respect and solidarity – *Reece, London*

**A refugee is (n)** waiting, always waiting – *John, Geddington*

**A refugee is (n)** my neighbour, my colleague, my friend. A reminder of how fragile life's certainties are and of our common humanity – *Fiona, Hebden Bridge*

**A refugee is (n)** a brave person who had to escape their war-torn world – *Jess, IKEA Glasgow*

**A refugee is (n)** a Human being desperate Inshallah his own country birth place brought up In a certain way has to leave his environment to survive as he cannot cope with the inhuman way treatment he has been treated he has to leave for better life and safety – *Fahmida Rasheed, Muslim co-chair Nisa-Nashim, North London*

**A refugee is (n)** a woman who would sacrifice everything for her children – *Fay, London*

**A refugee is (n)** an individual with a heart – *Chris, Geddington*

**A refugee is (n)** someone who had to leave their life behind and build a new one with nothing. Refugees are incredible – *Karina, London*

**A refugee is (n)** a person, a heart, human who had to show hope and should receive hope. A person who laughs, cries, smiles, hugs. A neighbour, a mother, father, brother, sister, auntie, uncle. My friends – *Anon, HEARTS Youth Group*

**A refugee is (n)** a person, a friend, a colleague, and a passer-by whose determination, resilience, and strength are like none other – *Marta, London*

**A refugee is (n)** a child who, unlike me, did not have the serendipity of being born where they can live safely and happily. There should be no borders. Everyone is welcome everywhere – *Marin, Edinburgh*

**A refugee is (n)** me, born in another country – *Patricia, Great Yarmouth*

**A refugee is (n)** a real asset to our team – *Ian, IKEA Glasgow*

**A refugee is (n)** someone who could be just like me – *Ian, Glasgow*

**A refugee is (n)** a human who possesses a brave and daring spirit to dream and to challenge their living circumstances and left their home with their big hopes in order to achieve these dreams somewhere else to be called NEW home – *Chirin, London*

**A refugee is (n)** an experience, not an identity – *Tara, London*

**A refugee is (n)** the unexpected but joyful addition to my family. A surprise second son, enriching the lives beyond measure of my husband, my original son and daughter and the community of my extended family. A refugee is a gift of love – *Jane, Lewes*



**A refugee is (n)** a friend, a brother or sister to wrap your arms around and say let me help you, let me share your burden, you have a future and you too deserve to live in peace, to give your children a positive future, to eat and sleep in safety  
 – *Mairi, Edinburgh*

**A refugee is (n)** someone deciding to leave their beloved country to try find opportunities to make a better life for their themselves and for their families  
 – *Andrew, London*

**A refugee is (n)** a happy friendly co-worker with a fascinating background  
 – *Shannon, IKEA Glasgow*

**A refugee is (n)** a human being without a home – *Richard, Epsom*

**A refugee is (n)** any one of us, my grandparents were internally displaced and I have family who are refugees. We make the choices we have to, and hope to be treated as we deserve – *Ruba Huleihel, Muslim co-chair Nisa-Nashim and lawyer*

**A refugee is (n)** a person who perseveres in the face of adversity, which should be reflected in the individuals and nations that protect them. Refugees are the humanity that both individuals and collective should strive to achieve – *Lindsay, Chiang Mai, Thailand*

**A refugee is (n)** a gentle creative and sensitive soul, bravely navigating a new culture whilst holding their unique story in their heart and mind. An inspirational human deeply worthy of respect, understanding and opportunity  
 – *Jennifer, Renfrew*

**A refugee is (n)** a full citizen of our world  
 – *Five, Monmouth*

**A refugee is (n)** someone who risks life and limb to flee unimaginable persecution, whose journey should pierce the conscience of all comfortable non-refugees, inspiring us to open our hearts and minds, offer our love and hospitality, show patience and kindness, provide security and shelter and respect identity – *Penny, Geddington*

**A refugee is (n)** human – *Mia, Glasgow*

**A refugee is (n)** a humble person in search for what most of us take for granted – *Andy, IKEA Glasgow*

**A refugee is (n)** the student at school who learns through uncomfortable yet hopeful smiles and sings songs from their lost country for the talent show  
 – *Louise, Crans Mortana*

**A refugee is (n)** a normal human who has left war and who is not allowed to return back to their home due to fear of their safety – *Jess, Glasgow*

**A refugee is (n)** what I will be unless racial hatred is stopped – *Joanne Feldman, Jewish co-chair Nisa-Nashim, South Manchester*

**A refugee is (n)** anyone who takes the brave decision to leave everything behind to save their life; who is helped by, and at the same time contributes to, the community welcoming them in exile; and, who may be ready to go back home, when persecutions stop, to build a better future – *Jean-Nicolas Beuze, UNHCR Representative for Yemen*

**A refugee is (n)** a person seeking refuge from the troubles in their own land. It could be they have no choice but to flee to safety and sanctuary in another country – *Mags, Glasgow*

**A refugee is (n)** on a very different journey but we have so much in common – *Mags, IKEA Glasgow*

**A refugee is (n)** someone in search of what most of us take for granted – *Andrew, Glasgow*

**A refugee is (n)** just like you or I – *Elise, Glasgow*

**A refugee is (n)** given opportunity of light to a better future, better living, better life and better home – *Jane, Nottingham*

**A refugee is (n)** Jesus Christ in modern guise – *Hugh, Aberdeen*

**A refugee is (n)** a person longing for peace and security – *Valerie, Geddington*

**A refugee is (n)** someone fleeing their home due to war, inequality, human rights violation or any other humanitarian reason. Seeking a safe place where they can live respectfully, prosper and build a better life with and for their families – *Nour, London*

**A refugee is (n)** an immigrant like me with the same hopes, dreams and aspirations, instead through only privilege I am called an immigrant. Refugees are human beings not a foreign aid statistic – *Candice, London*

**A refugee is (n)** someone I welcome into my country and home – *Donna, Durham*

**A refugee is (n)** a human being who has been forced by circumstance from the life pathway they expected and is compelled to uproot their life and start again in a different and often hostile host nation. But a refugee is a human being... And so are we – *Stacey Friedman, Jewish co-chair Nisa-Nashim, North Manchester*

**A refugee is (n)** someone who acts as a real symbol of courage and resilience while proving to all human beings why empathy is more important than sympathy – *Sachinda, Edinburgh*

**A refugee is (n)** a human being, just like you, just like me. A person who feels and has the same hopes and dreams as you or I. A person who deserves respect – *Marsha, IKEA Service Office*

**A refugee is (n)** a rose full of charisma, scented with love and wrapped with soft velvet petals, indeed a rose because through all the struggles stands tall in her rare beauty now and tomorrow – *Lilly*

**A refugee is (n)** someone who has hopes and aspirations the same as any of us and will go to the ends of the earth barefooted if needs be so courage too to make a better life – *Nazaleen, London*

**A refugee is (n)** a person just like me waiting on miracles and relying on faith to push forward – *Arizette, Ashburn*

**A refugee is (n)** someone with a story, with little to no choice, in need of a second chance in a safe part of the world where some of us are privileged to be born in. A refugee can help us never to forget that privilege – *Shirin, London*

**A refugee is (n)** someone who is too often misunderstood. It's time for their voices, their stories and their future goals to be heard  
– *Stephanie, London*

**A refugee is (n)** someone who has so much to offer the community who offers them sanctuary. Here, now, though, a refugee is someone who has somehow wrestled through a deliberately hostile asylum system – *Mandy Ross, Jewish co-chair Nisa-Nashim, Birmingham*

**A refugee is (n)** a strong and resilient person who was forced to leave the country they were born in and which they love, to seek refuge and start a new life away from their roots and culture. They fight to fit in a new world which can unfortunately be hostile and not welcoming – *Mylene, London*

**A refugee is (n)** someone who wears a lifejacket – *Brian, Geddington*

**A refugee is (n)** a human being – *Arne, London*

**A refugee is (n)** someone who has no place to call home – *David, Tewkesbury*

**A refugee is (n)** a person who, despite having to fear for their life and find safety away from home, still finds themselves fighting to be accepted and welcomed in our society – as an equal human being – *Minh Lan*

**A refugee is (n)** an individual, family and community. They are children playing football and mothers cooking in their homes. Refugees embody perseverance and hard work, who can remain happy through the hardships – *Lindsay, Chiang Mai, Thailand*

**A refugee is (n)** someone who didn't want to leave home needing to feel at home – *Five, Monmouth*

**A refugee is (n)** courage and hope. Courage to escape terror and hope to build the future. Refugees are my parents who educated their daughter to become a journalist to share the stories of courage and resilience of other refugees with the rest of the world – *Asma, Peshawar, Pakistan*

**A refugee is (n)** my wife, who gave so much to this country – *John, Geddington*

**A refugee is (n)** an asylum seeker who is trying to escape or has escaped a danger zone such as either a war zone, and/or a place where they'd be persecuted/hurt, and/or a place where there's a disaster. A refugee seeks a place to stay or stays somewhere to avoid known dangers – *Lucie, Lowestoft*

**A refugee is (n)** like a seed, given the right conditions they will develop into something wonderful – *Billy, IKEA Leeds*

**A refugee is (n)** a human being – a mother, father, daughter, son, Auntie, uncle, grandparent – they deserve love, support and happiness too – *Salma Hamid, Muslim co-chair Nisa-Nashim, West Midlands*

**A refugee is (n)** someone who flees their country of birth, taking with them their humanity and hopes for the future. They take these attributes to a new country and use them to enrich the lives of the people whose country takes them in – *Jill, Fuilla, France*

**A refugee is (n)** a God given opportunity for us to learn from each other – *Simon, Great Yarmouth*

**A refugee is (n)** an equally precious member of the world as everyone else: they deserve to be loved, be respected, be taken care of when having a hard time – *Sebastian, London*

**A refugee is (n)** someone chased out of their home requiring safety but only to be marginalised from society – *Zahra, London*

**A refugee is (n)** a person who has no place to call home – *Susan, Mundesley*

**A refugee is (n)** someone who is forced to leave their home but will continue to strive to help others from all layers of society and cultures in their new adopted home – *Sari, Nottingham*

**A refugee is (n)** a word that is used for the people being reside in a country other than their homeland, they're usually treated bad as compare to the people of that country and they don't get their rights as others but actually they should. I stand with the refugees residing in anywhere – *Asfandyar, Peshawar, Pakistan*

**A refugee is (n)** a 9-year-old orphaned girl, that has also lost five siblings, who says she continues to do good deeds in order to be a legacy for her father – *Wajahat*

**A refugee is (n)** someone's son or daughter; someone unfortunate to be in the right place at the wrong time – *Nic, Geddington*

**A refugee is (n)** someone's child in search of safety – *Tamara Joseph, Jewish co-chair Nisa-Nashim, Finchley*

**A refugee is (n)** a survivor who creates their own future in a nurturing environment – *Tahira, Peshawar, Pakistan*

**A refugee is (n)** a nurse, lawyer, engineer, skilled trade worker, software developer, and more, who have hope in living with dignity and purpose – *Marina Brizar, UK Director (London), Talent Beyond Boundaries*

**A refugee is (n)** a person who carries longing for a home that is destroyed in their hearts – *Anna, London*

**A refugee is (n)** a person taking refuge with us – *Five, Monmouth*

**A refugee is (n)** a hardworking leader of our team, Izzy Cumming-Bruce – *East Africa Director, Hope Health Action*

**A refugee is (n)** a little girl who missed being tucked in bed by her dad – *Eugenie Niarchos, Founder and Creative Designer, Venyx*

**A refugee is (n)** my great grandparents – *Karen Maxwell, Jewish co-chair Nisa-Nashim, West London*

**A refugee is (n)** someone who needs more protection. He has a problem, maybe political, religion, family from his home country. He is out from home always – *Moussa, HEARTS Youth Group*

**A refugee is (n)** someone who brings a fresh outlook on life and teaches you to really appreciate and celebrate our cultural differences but also appreciate the vast amount of similarities between us as humans – *Soha, IKEA Leeds*

**A refugee is (n)** a teacher who instils in her young students the values of tolerance and acceptance of others  
– *Hani Jesri, Senior Adviser, the Said Foundation*

**A refugee is (n)** made in the divine image of the God who Himself knew persecution and homelessness  
 – *The Most Reverend Justin Welby, Archbishop of Canterbury*

**A refugee is (n)** one who trusts the boat in the water with their only child unopened to the land – *Peter, Nairobi, Kenya*

**A refugee is (n)** someone who doesn't leave their home because they can, but because of war or persecution – *Margaret, Geddington*

**A refugee is (n)** someone who left his/her possession, who left his family and friends with whom he/she grown up, it's hard to explain the word refugee for me because I am experiencing this journey, you have to face each hurdle alone despite all these struggles and sleepless nights I believe one day my story will be the survivor of someone, please don't hate refugees we deserve equal respect love and friendship! – *Sadia, North East England*

**A refugee is (n)** someone who is so desperate to escape their home country that they are prepared to risk life and limb, rather than to stay – *Caroline Boobis, Jewish co-chair Nisa-Nashim, Newcastle*

**A refugee is (n)** a person with a heart and soul who only needs a little kindness and love, a smile that makes the whole world shine because there is love in it – *Beatrice*

**A refugee is (n)** hurt in their mind and body and they have no one – *Shahin*

**A refugee is (n)** someone who deserves sanctuary and welcome in our community – *Adrienne, Carlisle*

**A refugee is (n)** an experience, it does not define who you are – *Amie, Durham*

**A refugee is (n)** a little Vietnamese boy who was named Peter after St Peter, and whose birthday is on the 21st June – *Sonia, Geddington*

**A refugee is (n)** someone who needs extra love and support to start a new life in a safer environment – *Sheila, Carlisle*

**A refugee is (n)** a friend with an infectious laugh – *Ellice, Halifax*

**A refugee is (n)** someone who has had to leave all their attachments and history and way of life behind due to how truly bad the area has become for them – *Alisdair, Durham*

**A refugee is (n)** an individual seeking refuge from desperate circumstances outside of their control such as conflict, political oppression or natural disasters – *Ruth, Newcastle*

**A refugee is (n)** someone who is seeking hope and safety for a better future – *Ameena Gareeboo, Muslim co-chair Nisa-Nashim, Edgware*

**A refugee is (n)** a human being – *Richard, Manchester*

**A refugee is (n)** a person who has been traumatised and flees across borders to escape harm – *Donna, Durham*

**A refugee is (n)** someone I worked for years to protect – *Sonia, Durham*

**A refugee is (n)** my brother or sister – *Keith, Durham*

**A refugee is (n)** someone who is welcome in the UK. They are no different to us – *Laurence, Buckinghamshire*

**A refugee is (n)** someone who could've been me – *Erin, Manchester*

**A refugee is (n)** someone who flees from religious and political persecution – *John*

**A refugee is (n)** welcome – *Lindsay*

**A refugee is (n)** someone who could have been me, it could have been you, but we were blessed enough not to have to experience this – *Tem, Newcastle*

**A refugee is (n)** hope of better things to come – *Carla, Geddington*

**A refugee is (n)** someone seeking a better life coming from hardship – *Sally, Newcastle*

**A refugee is (n)** a person who can bring their culture with them – *Alex, Leeds*

**A refugee is (n)** a chef who makes the best jollof I've ever tried – *James, London*

**A refugee is (n)** all of us – *Hunain, Newcastle*

**A refugee is (n)** a person, though often dehumanised by the media – *Ellie, Melbourne, Australia*

**A refugee is (n)** someone who deserves a safe place to call home – *Ali, Leicester*

**A refugee is (n)** resilience in the face of total defeat, is the meaning of refugee – *Abir*

**A refugee is (n)** a new friend who has travelled far, seen much and walked in the footsteps of so many of our forefathers – *Diane Greenberg, Jewish co-chair Nisa-Nashim, Southgate*

**A refugee is (n)** a person that has had to flee their home due to persecution/crisis. Noone should have to be forced to flee their country in order to not live in fear, and everyone deserves to be safe and protected from danger – *Beth, Durham*

**A refugee is (n)** someone without a safe place to call home – *Simon, London*

**A refugee is (n)** my stylish best friend – *Paul, Oxford*

**A refugee is (n)** a friend in need – *Nahim Ruhi-Khan, Muslim co-chair Nisa-Nashim, Leeds*

**A refugee is (n)** welcome to bring their good and bad memories with them and be embraced in a more nourished and sympathetic environment – *Sian*

**A refugee is (n)** someone in lack of love, food, security and a roof – *Imani*

**A refugee is (n)** a member of our community – *Ellen, Leicester*

**A refugee is (n)** someone who leaves behind his memories but does it because he cannot stay anymore and try to find the best shelter he can find in order to give himself and those left behind a chance in life. They're leaving a hostile environment, former paradise, in order to survive. Destination countries must step up to the task – give them shelter – *Chris*

**A refugee is (n)** a poet who writes about love and lust after 80 – *Saige, London*

**A refugee is (n)** the author of my favourite children's book – *Sara, London*

**A refugee is (n)** someone who wants to live in a safe community – *Curtis, Ferryhill*

**A refugee is (n)** me who run away from his mother land so I freely practice my faith and find a goal in my life to motivate people and young generation to tell them how much means to have family near by you to support you and just be thankful for simple things in your life because many people they dream about simple things what you have daily – *Joshua*

**A refugee is (n)** someone who has many challenges in life leaving their home in hope for a better future and safe place to live. Trying to build a new life, in a new place, not knowing if they will be accepted. A refugee is someone who wants freedom – *Samia Farid, Muslim co-chair Nisa-Nashim, West Midlands*

**A refugee is (n)** a 3 year old child who is now in God's tender care after drowning in the Mediterranean Sea – *Carla, Geddington*

**A refugee is (n)** he who has to face lot of problems, as such to new language, find the home for live, find the work, nationality of new country – *Sulman*

**A refugee is (n)** a kite maker who provides hours of joy for the children of Moria – *Eve, Gloucester*

**A refugee is (n)** someone who exemplifies furtherance of unity and growing enlightenment on Earth – *Alex*

**A refugee is (n)** someone who cannot return to their home and is seeking safety in a new place – *Libby, Ashington*

**A refugee is (n)** someone who could be me or could be you or could be anyone who is driven by intolerable circumstances to seek help and hope elsewhere – *Karen*

**A refugee is (n)** my awesome friend who brings so much knowledge and enrichment to our community with their culture and life experiences – *Amanda*

**A refugee is (n)** a person who has been displaced from their home due to political or social events and require aid and shelter in a non-native country – *Katie, Durham*

**A refugee is (n)** someone who has been forced out of their own country because of factors out of their control – *Emma, Manchester*

**A refugee is (n)** people that aren't treated fairly – *Rayelle, London*

**A refugee is (n)** someone who is seeking a better life with more opportunities – *Jamie, Sandhurst*

**A refugee is (n)** someone whose living conditions become so intolerable they leave almost all they have and move to a place where they hope to build a safe and meaningful life. My father's parents both did so, and also helped many family members to do so. They gave so much to the UK – *Doreen Samuels, Jewish co-chair Nisa-Nashim and teacher*

**A refugee is (n)** someone who seeks safety and shelter in another location due to being forced to flee an area due to circumstances out of their control – *Becky, Newcastle*

**A refugee is (n)** someone the government doesn't want to deal with – *Simon, Newcastle*

**A refugee is (n)** a person forced out of their home country because it's no longer safe – *Ramona, London*

**A refugee is (n)** someone who has entered a country and requires help and support – *Sarah, Richmond*

**A refugee is (n)** someone having the strength and bravery to leave everything behind in search of safety – *Becca, London*

**A refugee is (n)** refugee movement is just a chance for someone to bring joy to another part of the world – *Lee, London*

**A refugee is (n)** a French Protestant fleeing religious persecution at home and seeking freedom of worship in England (the origin of the word "refugee") – *Robert, Geddington*

**A refugee is (n)** someone to show compassion to – *Rayelle, London*

**A refugee is (n)** someone who leaves a place of oppression and danger, seeking a better, safer life elsewhere – *Adele Hetherington, Jewish co-chair Nisa-Nashim, South London*

**A refugee is (n)** someone whose homeland has failed them – *Jamie, Sandhurst*

**A refugee is (n)** a person who has no choice but to leave their home, needing help from richer countries – *Erin, Manchester*

**A refugee is (n)** someone who needs immediate protection and continued support – *Amy, Scotland*

**A refugee is (n)** someone who needs help – *Janet, Chester-le-Street*

**A refugee is (n)** courageous, who inspires everyday – *Muzammil, Pakistan*

**A refugee is (n)** seeking safety, fleeing danger – *Lotty, Peterborough*

**A refugee is (n)** someone who is no different to me other than they happened to be born somewhere less fortunate – *Aimee, Durham*

**A refugee is (n)** someone in need of a safe place and willing to leave their home and heritage for a safer life – *Sally, Newcastle*

**A refugee is (n)** someone fleeing from another country because of danger – *Aislinn*

**A refugee is (n)** a person who leaves their home because of persecution in the hope that they can live a better life in a country that accepts them for who they are – *Lynda Forde-Horne, Jewish co-chair Nisa-Nashim, Bournemouth*

**A refugee is (n)** someone just like me, but unlike me, has had the misfortune to be forced to flee their home due to no fault of their own. They have gifts, talents, skills and passion they want to share with their new country and want simply to be treated as a fellow human being – *Rachel, Kirkcudbright*



**A refugee is (n)** my unnamed, great, great, great? Jewish grandmother who came here from somewhere in Eastern Europe – and whose chicken soup and cold fried fish we still enjoy today – **Judith, Canterbury**

**A refugee is (n)** difficult to define as no definition will explain what people face and how they are displaced – **Glenn, Jersey**

**A refugee is (n)** a person looking for a better life. Seeking asylum. Running away from a lack of basic civil rights – **Deirdre, Spain**

**A refugee is (n)** allowing people the opportunity to live safely and happily and reaching their full potential – **Ailsa, Newcastle**

**A refugee is (n)** someone looking for a better, safer life – **Maureen, Seaham**

**A refugee is (n)** someone who needs help – **John**

**A refugee is (n)** a person who seeking REFUGE from an unjust or life threatening situation – **Jeff**

**A refugee is (n)** someone who is just seeking to get into a safe place. So at least he would know he wouldn't be killed while he's asleep – **Mahdi**

**A refugee is (n)** an individual who seeks safety away from a place of danger – **Tom, London**

**A refugee is (n)** fleeing home country as it's no longer safe for them and they don't have their human rights withheld there – **April**

**A refugee is (n)** a term that describes someone that has been displaced and taken in by another country – **Glenn, Jersey**

**A refugee is (n)** someone who needs help; shelter, food, aid, protection, stability – **Sheila**

**A refugee is (n)** a term generally assigned to a man/ woman/ group/ family who mostly due to social economical or political persecution leaves their home country to take refuge into another country who may have more acceptability and security for them also welfare policies in line with human rights and other UN organisations like UNHCR to accommodate such person/ persons – **Hajra Jaleel, Muslim co-chair Nisa-Nashim, Bushey**

**A refugee is (n)** someone escaping from somewhere where it is not safe anymore – **Michael, Newcastle**

**A refugee is (n)** someone seeking refuge in a safe country – **Lucy, Doncaster**

**A refugee is (n)** someone that has had to leave their country, and deserves to find refuge in a safe place – **Angela, North Shields**

**A refugee is (n)** someone who flees to a new place for the sake of their safety – **Emmanuel**

**A refugee is (n)** human, but unfortunately, he can't feel it after he becomes a refugee, ask me – **Sam**

**A refugee is (n)** someone who deserves to have access to excellent medical services, just like anyone else – **Gauri**

**A refugee is (n)** those who survive the depression in life surrounded by the worry of being alone – *Laiba*

**A refugee is (n)** someone like you and me! – *Xavier*

**A refugee is (n)** someone who fled their home and country in fear of being persecuted due to: War, Violence, Race, Natural Disaster and Religious Practices – *Muzammil, Pakistan*

**A refugee is (n)** our brother, our sister – *Kate, London*

**A refugee is (n)** a person who has lost their home and community because they could not get adequate protection – *Aisha Diya Abdallah-Joda, Muslim co-chair Nisa-Nashim and doctor*

**A refugee is (n)** an optimist and a dreamer. Someone who is full of life and love, despite all the tragedies and hardships they have had to face throughout their life. A refugee's dreams may be on hold, but never out of reach – *Celine, NY, USA*

**A refugee is (n)** one of us – *Richard, London*

**A refugee is (n)** a child with the potential to be great if empowered in the right and safe environment. He/she is far from the comforts of home and normal life, but strives hard to study and learn despite living in a camp. This child can be the next doctor that saves more lives – *Cyril, Davao City, Philippines*

**A refugee is (n)** the concept of fleeing from real danger to life or liberty – *Dr Martin Stern MBE, Holocaust survivor*

**A refugee is (n)** a kid full of hope and talent with endless dreams who was told to stay invisible to protect his family and himself as he grew up – *Rahman, Kuala Lumpur, Malaysia*

**A refugee is (n)** a dedicated human by strength and an empath by heart – *Talia, Peshawar, Pakistan*

**A refugee is (n)** a MADE51 artisan who possesses incredible artisanal skills passed down through generations. A MADE51 artisan uses their culture and talents to earn income and be a demonstrable example of the potential that lies within refugees – *Heidi, Geneva, Switzerland*

**A refugee is (n)** someone who is unable to belong to the community they were brought up in. We should embrace them into our community, which is their new community and welcome them so they have a new feeling of belonging – *Simon, Sellindge*

**A refugee is (n)** another human being who has lost their home and needs the help of others to find a new one – *Alistair, Inverurie*

**A refugee is (n)** just like me....but, for reasons including persecution, conflict and discrimination, the refugee must leave their home in search of a new one. Home is a fundamental human right – *Keith, Esher*

**A refugee is (n)** a brave person – brave enough to leave everything they have and brave enough to start again somewhere else. Refugees have more to give than they can possibly receive – and they do give all their lives – *Jacqueline, Stoke Ferry*

**A refugee is (n)** a human being seeking a better life and hope, hope for the future  
 – *Joan Salter MBE, Holocaust survivor*

**A refugee is (n)** any person who has been forced to migrate due to the deleterious effects of climate change  
 – *Alan, Glasgow*

**A refugee is (n)** a person with the will and passion to have a new start and, the beginning of a success story  
 – *Annan, Egypt*

**A refugee is (n)** to me, a situation where you feel uncertain of the next thing to do to eat to get proper education or anything to support sustainable lifestyle. It can be in diaspora or within communities, economically, academically no hope for anything if you are poor  
 – *Patrick, Pretoria, South Africa*

**A refugee is (n)** someone in need of a home from home – *F, London*

**A refugee is (n)** no different to anybody else. He or she has human needs such as a need to be loved and a need to be able to look after their family in peace without being judged or thought of as any way inferior. In today's world it's important to protect persecuted people  
 – *Raymond, London*

**A refugee is (n)** but for a twist of Fortune, each and every one of us  
 – *Sue, Douglas*

**A refugee is (n)** someone in a dark place seeking to find a new life of hope and freedom from fear – *Jill, Hebden Bridge*

**A refugee is (n)** the essence of human resilience and the ability to overcome. She is also my mum – *Romil, London*

**A refugee is (n)** anyone capable of doing anything but displaced from their country. They can be the next president, or professor of Linguistics, or the next scientist that discovers the cure for cancer. They can be who they want to be if we give them a chance and empower them – *Cyril, Davao City, Philippines*

**A refugee is (n)** a person who is called on to start a new chapter in their family's history. Someone brave enough to leave behind the life they know, to seek the life they deserve – *Jessie, Thirroul, Australia*

**A refugee is (n)** a person who has had to flee the home and have become the neighbour you have yet to meet – *Wico, Darlington*

**A refugee is (n)** a lack of democratic system in home country is the Darkness. Being with hope in host country is the brightness – *Gabriel, London*

**A refugee is (n)** someone forced to take the most unnatural of decisions of leaving their natural home, language workplace, family, friends and countrymen and cast themselves into the unknown in the belief that there is a place where kindness and hope still exists – *Michael, Marlow*

**A refugee is (n)** someone forced to flee due to the well-founded fear that someone or something will endanger and infringe upon their safety in their home country for a variety of reasons – *Adam, Toronto, Canada*

**A refugee is (n)** full of hopes and real survivors, brave and desperate, forced out by the violence of the wicked, they seemed cursed but they become a blessing where they are welcomed. Refugees offer communities the chance to show what it is to be good, virtuous, kind – *Stephen, York*

**A refugee is (n)** someone who desires the same things in life that I want, however has to work 10,000x harder for it. always fighting a silent battle – *Fahima, Bromsgrove*

**A refugee is (n)** a human being, they could be you, they could be me, they could be your parent, grandparent or sibling – *Mecia, London*

**A refugee is (n)** you and me. Born to die, yet a dream carefree – *Adam, Brunei*

**A refugee is (n)** a human being. You and me. Someone trying to navigate the world. Someone who hates Mondays. Someone who asks for two sugars but really means three – *Becky, Liverpool*

**A refugee is (n)** symbolic of how no-one gets to choose or should be judged on the circumstances of their birth – *Julie, Woodbridge*

**A refugee is (n)** a being like you and I. A person whose bravery and resilience is unreachable, with dreams bigger than life itself, but instead of you and I, the refugee without choice suffers with only hope to keep their strength alive – *Selina, Buckinghamshire*

**A refugee is (n)** a child who yearns for an education that will lead them to their dreams for a more peaceful, prosperous society – *Paula, Philippines*

**A refugee is (n)** someone who through no fault of their own has to leave their home and rely on humanity to support and sustain them – *Claire, Oxford*

**A refugee is (n)** someone I can help – *David, Tideswell Buxton*

**A refugee is (n)** someone who will have to make new friends, to learn a new language without forgetting his/her mother tongue, to familiarize with new traditions without forgetting his/her own ones; someone who will have to taste new food – *Silvia, Rome, Italy*

**A refugee is (n)** a sister or a brother from another country – *Alice, Nogent sur Marne, France*

**A refugee is (n)** someone who is fleeing war, violence and oppression and has had to leave his home and hearth – *Joliene, Voorburg, The Netherlands*

**A refugee is (n)** someone who is equal to anyone else, who deserves the same rights and opportunities as everyone else, and who has seen the terrible side of this world and yet does not give up, wanting to find peace and a better future, for themselves, their family, their friends – *Laura, London*

**A refugee is (n)** someone like me, who is breathing, thinking and loving and need a huge hug to feel safe – *Romina, Caba, Philippines*

**A refugee is (n)** someone who is destined to be welcomed by a stranger – *Alicja, Derby*

**A refugee is (n)** someone just like you or me; but who has had the misfortune of having to have left their home behind. Someone who has had to bravely start another chapter of their lives in an unfamiliar place. Someone like my friend – *Janet, Bristol*

**A refugee is (n)** someone fully deserving of our understanding and support – and a chance to fulfil their potential in life – *Matthew, London*

**A refugee is (n)** that child running from an armed man, is me searching for the right to love who I choose – *Nessa, Cardiff*

**A refugee is (n)** someone who has a right to a life free of suffering. They are people with endless potential; they are intelligent, innovative, skilled individuals who deserve a chance to build their own futures – *Chloe, Swindon*

**A refugee is (n)** someone who endures hardships I could never imagine, shows perseverance and uses their experiences to grow and be successful. All should be given the opportunity to thrive – *Maureen, Glasgow*

**A refugee is (n)** human, just like you and me – *Francesca, Preston*

**A refugee is (n)** a person who never gives up. A person who never stops. A person who is full of love. A person who is searching for a home. A person who chose to be a symbol of hope to everyone around. I am proud to be that person, I am a refugee – *Eyad, Auckland, New Zealand*

**A refugee is (n)** someone who is resilient and determined to build a bright future despite the challenges and hardships they have been through – *Eric, Nairobi, Kenya*

**A refugee is (n)** someone that needs compassion not fear a home not insecurity; recognition of their situation not denial of their plight; how we treat refugees is a reflection on the moral integrity of a nation – *Ben, Woodbridge*

**A refugee is (n)** a woman skilled in artisanal activity that creates environmentally-friendly and socially-innovative products which let us experience the essence of culture, freedom, and equality. She is someone who should be empowered, recognized, and free from oppression – *Cyril, Davao City, Philippines*

**A refugee is (n)** a displaced person with rights to have a safe, secure and stable home and help to process grief, loss and trauma – *Caroline, Dromara*

**A refugee is (n)** A refugee is... someone I learn a lot from ... wisdom, compassion and immobility – *Shunji, London*

**A refugee is (n)** someone who has seen some of the worst things imaginable in life but has still managed to keep a clean heart – *Besjana, London*

**A refugee is (n)** someone just like me, or you, or... us! – *Sieun, Seoul, South Korea*

**A refugee is (n)** you and me and everyone in this world who loves family, home but sadly forced to flee from everything they once cherished – *Arunee, Bangkok, Thailand*

**A refugee is (n)** a person just like you and me. a wonderful and resilient human being who needs our kindness, empathy and support – *Suchada, Bangkok, Thailand*

**A refugee is (n)** someone who left their home to protect their lives from violence and persecution that might cause death – *Pasiree, Bangkok, Thailand*

**A refugee is (n)** persons just like me, with dreams and life plans and loved ones to protect, but simply happened to live abroad against their wills – *Areum, Nairobi, Kenya*

**A refugee is (n)** a person who, looking into her eyes, you understand that she has not chosen her destiny – *Elena, Madrid, Spain*

**A refugee is (n)** people who need special cares from us :) – *Tadmala, Bangkok, Thailand*

**A refugee is (n)** those who survive, strong, generous and resilient the most – *Chattriyaporn, Bangkok, Thailand*

**A refugee is (n)** a person who deserves to be happy and free like all of us – *Konwika, Bangkok, Thailand*

**A refugee is (n)** a child of God created and loved by him on whose behalf we are called to demand justice – *Emma, Martham*

**A refugee is (n)** you or I but for the grace of God – *Carl, Whitstable*

**A refugee is (n)** a fellow child of God – *Jane, Sleaford*

**A refugee is (n)** a person whose strength becomes their faith in hope of a better today, for a new life tomorrow – *Selina, Buckinghamshire*

**A refugee is (n)** a person living in the prayer of an actual Human, being, where the prayer and the pray-er meet in the One prayed to – “O God, I seek refuge in You, from You.” – *Andrew, Kingston-Upon-Hull*

**A refugee is (n)** someone with no other option than escaping from his/her home, in fear and in tears, needing a helping hand on the other side – *Belen, Madrid, Spain*

**A refugee is (n)** someone who needs help. If you give your bread to the hungry and relief to the oppressed, Isaiah 58:10 – *Anne, Morecambe*

**A refugee is (n)** the portrait of Humanity. Being alone the refugee collapses. Being valued the refugee advances. So does humanity – *Pantelis, Athens, Greece*

**A refugee is (n)** someone who wants to live in safe place and to provide their children with good opportunities for their future – *Jacqueline, Woodbridge*

**A refugee is (n)** a human being, like you and me. With skills, experience, personality and character to offer, like you and me. Someone who has fled persecution, war, environmental destruction and needs a safe place to call home – which you and I would also need, in the same situation – *Hazel, Durham*

**A refugee is (n)** the love of my life for over 35 years. A good, kind caring man that has given so much to me and our children and grandchildren – *Nesta, Swansea*

**A refugee is (n)** a person who loves his country but has to leave it, as it's become impossible for them to go on living there. It's heart-breaking to leave the place you were born in, and all the people you loved, and be brave enough to seek another country. I know. I was a refugee once  
 – *Giuliana, Tobermory, Isle of Mull*

**A refugee is (n)** my grandmother who contributed so much to her local community as a Labour Councillor, a business owner, a friend, wife, mother, grandmother and a very stylish dresser! The many friends I've made from Somalia – Iran. My son's Syrian classmate. Hope, kindness, strangers, love – *Josie, Totnes*

**A refugee is (n)** one of God's children forced to seek safety and shelter in a different part of our shared family home – the Earth! – *Harriet, Chagford*

**A refugee is (n)** the late Duke of Edinburgh was a refugee! – *Steven Frank BEM, Holocaust survivor*

**A refugee is (n)** a traveller. A traveller whose travel never ends until a land welcome him or her – *Domenico, Mottola, Italy*

**A refugee is (n)** choosing to act on the hope that you can control your life and change it for the better by leaving your miserable current reality, rather than allowing your circumstances to control you and fence you in – *Laura, Hemel Hempstead*

**A refugee is (n)** a person with abilities and talents – including incredible artisanal skills – who because of their forced displacement, needs our support and advocacy so that they have the opportunity to live a full and meaningful life – *Heidi, Geneva, Switzerland*

**A refugee is (n)** someone who has given up a lot, often all they had, to seek a new home, safety and opportunities for prosperity and belonging not available from wherever they fled – *Todd, London*

**A refugee is (n)** a person who lives two lives at once: in one he lives in his mind constantly pining for the past and so many simple little things and in second one he lives like a baby – afraid, learning, failing, crying, trying again and hoping – *Ben and Zara, Warkworth*

**A refugee is (n)** someone who can't live in their own country for any reason and therefore needs to relocate to another – *Teresa*

**A refugee is (n)** a human being seeking refuge to a safe place for himself and his family – *Sheila, Witney*

**A refugee is (n)** my dear friend who fled across the world only to find that her destination brought her new mountains to climb. We drink tea and chat. 'Now I am laughing' she says – *Ann, Newcastle upon Tyne*

**A refugee is (n)** human and deserves to be treated that way – *Ralph, London*

**A refugee is (n)** a person who has to leave their homeland, their culture, their way of life and leap into the unknown in order to survive. With this decision, there is the hope of the refugee gaining the freedom to express themselves as each human being is meant to in our world – *Anna, Bournemouth*

**A refugee is (n)** a person just like you or me whose right to a life free from war, persecution or violence has been robbed – *Junia, Washington, DC, USA*

**A refugee is (n)** one who leaves a place of turmoil (mental, or otherwise; for a place of sanctuary in safety.). My spouse is a refugee from Venezuela who finds safety in our marriage in the USA; but this refuge is recently unable to help – *Donald, Fort Lauderdale, USA*

**A refugee is (n)** a person with whom we have more in common than we realise – *Rebecca, Darlington*

**A refugee is (n)** a wanderer seeking shelter, at the foot of the cross where God's love and justice met, in the arms of a loving God who will never let go, at the door of a church which speaks the gospel without compromise, reaching out to reach in welcoming all in Christ's and in His love – *Caroline, Bangalore, India*

**A refugee is (n)** a human in need of a home it could be any one of us it is a blessing if we are the ones to give hospitality – *Shanti, Brighton*

**A refugee is (n)** an ordinary person in extraordinary circumstances, and someone we all have a responsibility to protect – *Jill, London*

**A refugee is (n)** made in God's image and loved by Him as much as you and I are – *Mairi, Blackburn*

**A refugee is (n)** a person, someone's father, mother, brother, sister, son, daughter, aunt, uncle, cousin, a person unfortunate enough to have lost their home, fled their country, hungry, thirsty, lonely, afraid, vulnerable, looking for help in their hour of need – *Andrew, Upper Seagry*

**A refugee is (n)** The stranger with no roots nor leaves which leaves, Even through a storm of stones, they would live, beyond all means.

A Refugee is  
An infant but without a single breathe  
One to ten? oh regardless of the math,  
a gift of mercy is left  
– *Adam, Brunei*

**A refugee is (n)** a brother, sister, father, mother, son, daughter, uncle, auntie, grandpa, grandma, grandson... behind them is an entire family, one refugee's tragedy is a group of people's sadness. We cannot ignore any refugee. Do what you can to help them help a family – *Min, Singapore*

**A refugee is (n)** an individual who, in his native country or on his way or elsewhere, recovers his protection and a certain freedom under the control of a competent authority – *Lopkenty, Port-au-prince, Haiti*

**A refugee is (n)** someone who experienced persecution in the country that they were born. A refugee could be you or me – practice humanity always  
– *Emma, Liverpool*

**A refugee is (n)** a friend, a colleague, a neighbour, an inspiration – *Oli, Newcastle*



**A refugee is (n)** someone who should now be safe and able to be fully themselves  
– *Joanna, West Calder*

**A refugee is (n)** a fellow human who has experienced the unimaginable yet carries hope. Refugees should be cherished and praised for their ability to inspire others – *Tiphaine, Bradford*

**A refugee is (n)** a person who has to bear the constant feeling of being disconnected from the place their heart is – *Alexandra, London*

**A refugee is (n)** the immense love that makes you leave everything you know behind to give your children a better chance at life – *Firoozeh, Bishop's Stortford*

**A refugee is (n)** that most interesting person, you have yet to talk to – *Andrea, London*

**A refugee is (n)** a friend or a neighbour who wants to live a normal life in their new homes while sharing their culture with us which they left behind. They often want our support when everything is unfamiliar and new to them as they try to adapt – *Farhasaad, Helsinki, Finland*

**A refugee is (n)** someone who did not have the chance to be born and raised in a peaceful and democratic country – *Rebeka, Paris, France*

**A refugee is (n)** a person who has to work hard to integrate into community and at the same time trying to keep his own language and culture – *Ben and Zara, Warkworth*

**A refugee is (n)** a brave soul with hope, seeking sanctuary and a safe place to call home – *Anne, Barry*

**A refugee is (n)** a new friend who has travelled far, has seen much and who has shared the experiences of many of our forefathers – *Diane, London*

**A refugee is (n)** someone who finds refuge from the horrific event in his or her own country, and finds safety in another land. We use the word very loosely sometimes without thinking what it really means – *Bernd Koshland MBE, Holocaust survivor*

**A refugee is (n)** someone whose living conditions become so intolerable they leave almost all they have and move to a place where they hope to build a safe and meaningful life. My father's parents both did so, and also helped many family members to do so. They gave so much to the UK – *Doreen, Pinner*

**A refugee is (n)** nobody's business – everybody's child – *Lance, London*

**A refugee is (n)** a new friend from a far-away country – *Karol, Nowy Sącz, Poland*

**A refugee is (n)** someone who carries the pain of their oppression, and the suffering of their escape, and the burden of their trauma, with a smile and gentle dignity, with the desire to be accepted, wanting to contribute and help others – *Annegret, Plymouth*

**A refugee is (n)** a father who wanted to find safety for his family so his children could live without fear and flourish – *Tom, London*

**A refugee is (n)** a friend, a brother, a father, a son – just like me – *Mark, Newport*

**A refugee is (n)** myself in unfortunate circumstances beyond my control – *Vanessa, London*

**A refugee is (n)** a human being who strives for the same things that everybody else does – *Amelia, London*

**A refugee is (n)** a girl from Kosovo that loves to play in the sunshine and comes from a big family just like me! – *Gen, London*

**A refugee is (n)** someone seeking safety from persecution or escape from either a natural or human-made disaster. Accepting asylum seekers and allowing them refugee status should be a primary objective of all countries who claim to have any moral authority, as well as being a human right – *Paul, Edinburgh*

**A refugee is (n)** the change we want in our country, family, and ourselves. They are the policy embodying our ideals of freedom; the family that embraces us despite differences, and part of ourselves that wants to live fully amid challenges that restrain us from a normal life – *Cyril, Davao City, Philippines*

**A refugee is (n)** courageous, Who inspires us everyday – *Muzammil, Karachi, Pakistan*

**A refugee is (n)** me, born in different circumstances – *Angela, Stone*

**A refugee is (n)** a young person who has suffered unimaginable trauma, loss and grief yet throws himself into education and achieves all he set out to do. Being accepted into University is the reward of this. a welcomed friend and family member – *Claire, Coatbridge*

**A refugee is (n)** the human rights champion who fled shelling in her wheelchair. She set up a hotline that has since helped more than 5000 people with disabilities in her homeland escape conflict zones and find support – *Mark, London*

**A refugee is (n)** someone who is part of my community not by choice, but by necessity, and who I therefore want to make feel welcome and included because I know they must miss their home, their family and culture terribly – *Alice, Shipley*

**A refugee is (n)** the Huguenot ‘refugie’ who fled 17th century France to escape religious persecution. The journey was dangerous, they arrived by boats. Today’s refugees still undertake a dangerous journey by boat to find a safe haven from persecution – *Marion, Ayr*

**A refugee is (n)** a precious opportunity to confirm your own humanity; accept the gift with humility rather than deny it through indifference – *Philip*

**A refugee is (n)** a person who’s trying to adapt one’s life to another country and another environment  
– *Helen Aronson BEM, Holocaust survivor*

**A refugee is (n)** someone to drink tea with – *James, Exeter*

**A refugee is (n)** to me the very embodiment of resilience, strength, and hope. But above all else, refugees are human beings brimming with diversity, experience and potential. They have talents, flaws, hopes and dreams like everyone else. They are friends, partners, brothers, sisters, mothers, fathers and they deserve to live in safety with a place to call home – *Candice*

**A refugee is (n)** a dad who gives everything so his kids have a chance to have a safe future – *Emma, Sussex*

**A refugee is (n)** my grandmother who is the life of the party; always first on the dancefloor and last one to leave – *Shazia, London*

**A refugee is (n)** someone who will walk for hundreds of miles, carrying their infant children until their heels are ragged and torn, seeking shelter and safety – *Neil Gaiman, author and UNHCR Goodwill Ambassador*

**A refugee is (n)** a mum who wanted to buy a bike for her son to help him smile again – *Sara, London*

**A refugee is (n)** me. Thank you for all your support for refugees around the world. I moved from my war-ravaged Syria to Britain. I live with my children safely and working here. I'm very happy to be here – *Aead, Aberystwyth*

**A refugee is (n)** a person who had to escape their country because of fear for their life and is hoping for a better life – *Sophie, Katowice, Poland*

**A refugee is (n)** a person who lost his/her home and is seeking a new one – *Abdullah, Riyadh, Saudi Arabia*

**A refugee is (n)** 'Sholt', the man who escaped the Hungarian Uprising and first found safety with my newly-married aunty and uncle John and Mollie – *Gemma, Brighton*

**A refugee is (n)** a person who, through the lottery of life, needs a helping hand – *Sophie, Beaconsfield*

**A refugee is (n)** a person with a soul, personality, memories, family, education, thoughts, and pain. A refugee is someone who wants simply to feel safe and happy with their loved ones – *Kelly, Oxford*

**A refugee is (n)** a person doing all they can to strive for the life they deserve – *Andy, Sheffield*

**A refugee is (n)** that shy frightened person you meet at a drop-in and when you smile at them and extend a friendly hand they return the smile and friendship tenfold – *Janet, Darlington*

**A refugee is (n)** courageous, defiant, HUMAN! – *Jessica, Tunbridge Wells*

**A refugee is (n)** a human with a past and a future. One who mustn't be patronised or pitied, but valued, seen and protected at all cost – *Charlotte, Suffolk*

**A refugee is (n)** my boss. One of the strongest, kindest and most inspiring women I know. I am proud to work with her and I hope for many more years I will learn from her – *Vicki, Bristol*

**A refugee is (n)** the victim of the policies of the two countries, his mother country and the country he went to – *Mahsa, Ashington*

**A refugee is (n)** someone who got dealt very few aces in life and yet has so much to teach the world about determination, strength and resilience – *Diana, Copenhagen, Denmark*

**A refugee is (n)** my amazing mentor and friend, taking time to nurture those around her, who is amazing at making others feel they belong, probably because she knows the heartbreak of trying to fit in – *Himali, Watford*

**A refugee is (n)** an intrepid adventurer I met on my travels in South America who shared everything from his great stories to his delicious cooking – *James, London*

**A refugee is (n)** someone who needs our help and support; someone who should not be shunned – all of us need to remember that we too could be in those shoes one day because we never know what might happen – *Friedy, Harrogate*

**A refugee is (n)** you. Look in the mirror - and imagine everything you see reflected, except your own image, gone, shattered or destroyed – *John, Bolton*

**A refugee is (n)** fearfully and wonderfully made, possessing great innate dignity and beauty – *Michael, Preston*

**A refugee is (n)** a person displaced by circumstance and in need of help, a person that has been denied, but is owed, safety and security – *James, Norwich*

**A refugee is (n)** a mother that can't bear the pain of seeing her kids being taken away by kidnappers from school – *Sadiya, Norwich*

**A refugee is (n)** a human being, who lost everything she once had. She lived in hardship, but she was still able to survive – *Tamara, San Diego, USA*

**A refugee is (n)** someone who has left their country of origin due to being persecuted because of their sexuality – *Sally, Portsmouth*

**A refugee is (n)** a human – *Caroline, Paisley*

**A refugee is (n)** a person seeking protection and serious help from a humanitarian organization or country to take safety and protection and better life for them and for their children and many generations – *Zainab, Tripoli*

**A refugee is (n)** someone who is so desperate they will leave everything they have ever known, carrying nothing but hope and perhaps their children, to try to find safety and maybe a chance of happiness – *Wendy, Brunswick*

**A refugee is (n)** someone who could be me – or my mother – or my sister – or my son – if circumstances had been different. A refugee could be any of us – *Carole, Ipswich*

**A refugee is (n)** full of stories. Some to share and some to keep close and all worth hearing if you are blessed enough to be gifted them – *Zoe, Sunderland*

**A refugee is (n)** about a resilience which also comes from a moral or philosophical enquiry: ‘what makes my life make sense?’ And a conclusion that their lives do indeed make sense, despite the stress, anxiety and chaos – *Katy, London*

**A refugee is (n)** a courageous and brave person who is looking for a stable and prosperous life in a more secure place, away from the place they know as home – *Christopher, Geneva, Switzerland*

**A refugee is (n)** a human being who is forced to leave their home in search of a safer and a better life – *Nynke, Groningen, The Netherlands*

**A refugee is (n)** a person who brings rich new culture, energy, art, language, skills, colour and joy to the fabric of our society – *Rob, London*

**A refugee is (n)** a person who was forced to leave his country sometimes in case of war and sometimes because of his/her religion – *Muzammil, Pakistan*

**A refugee is (n)** somebody, who has been forced to leave his homeland, in search for safety, shelter and employment to continue supporting his loved ones – *Bastian, Berlin, Germany*

**A refugee is (n)** a mirror of any member of humanity, seeking strong societal compassion and shelter from a timeline of chaos, threat and injury – *Alan, Paisley*

**A refugee is (n)** a life-saving doctor, a human rights lawyer or a Nobel prize-winning writer. A refugee reflects an infinite number of definitions and cultural influences beyond encapsulation – *Elspet, Blantyre, Malawi*

**A refugee is (n)** a community contributor who shares the same core life values as every member of a settled population. A displaced person, having undergone forced migration, she or he, is a positive addition to any nation, seeking only a chance for a new start – *Jacob, Renfrew*

**A refugee is (n)** someone with hopes, fears, dreams and skills; just like you and me – *Margaret, Brecon*

**A refugee is (n)** a prayer for peace, safety, a future – *Ruth, London*

**A refugee is (n)** a normal and simple human being as you, they deserve their simple rights. They were forced to flee their country seeking a better life with warm hearts as home! – *Dafer, Kuala Lumpur, Malaysia*

**A refugee is (n)** the will to live – *Ryo, Tokyo, Japan*

**A refugee is (n)** someone just like you and me. But maybe braver – *Claire, Alexandria, Egypt*

**A refugee is (n)** first and foremost a person, with hopes, dreams, family, friends, lovers, ideas, knowledge, skills, a history, and a future. Needing to flee their circumstances does not diminish that humanity, or our duty of care towards them as fellow humans – *Eloise, London*

**A refugee is (n)** a person just like you and me who wants to be part of a society that offers everyone opportunities to grow, thrive and contribute to a healthy environment – *Truus, Leiden, The Netherlands*

**A refugee is (n)** a person whose circumstance has shifted the course of their lives and deserves family, community, opportunity and hope for the future – *Claire, London*

**A refugee is (n)** each one of us when we are in need of sanctuary – *Arabella, London*

**A refugee is (n)** a resilient person – someone with skills and talents who wants to contribute to their host community – *Annemieke, Leiden, The Netherlands*

**A refugee is (n)** a person or people who need to live in a country that guarantees us a dignified life and thus be able to have the opportunity to integrate into society. NCOS help us and facilitate with their support in various activities and feel welcome. We are very grateful – *Karla, Ashington*

**A refugee is (n)** someone who sees his homeland every night but in a dream – *Mahsa, Ashington*

**A refugee is (n)** people who have been fleeing our countries of origin for reasons of life or death and who ask to be able to live in a country that guarantees us a safe, dignified, peaceful life and with opportunities to integrate into the community – *Hector, Ashington*

**A refugee is (n)** someone who is unlucky in where they were born, found themselves in circumstances that happened beyond their control. Lord Dubs had it happen to him, he's right. Let's extend the anti-racism to refugees too – *Catherine, Milton Keynes*

**A refugee is (n)** the one who pays the price, innocent civilians leaving all behind and just having what they have on – *Jessica, Gibraltar*

**A refugee is (n)** someone who is fleeing from danger, seeking a new home and deserves to be supported – *George, Leicester*

**A refugee is (n)** one who is forced to flee their country of birth due to unacceptable treatment and persecution, to find a home in a friendly country – *Adil, Brecon*

**A refugee is (n)** simply a human being like everyone else on this planet. We should recognise our commonalities not our differences and treat our issues globally – *Jack, London*

**A refugee is (n)** one word to describe a status of a person that can be easily stigmatised. Either through prejudice, ignorance or fear. A society is marked by how it responds to others' needs. Love thy Neighbour. We are all each other's neighbour. Do unto others... as you would have them do unto you – *Raymond, Burgess Hill*

**A refugee is (n)** someone who carries with them the sense of home, in their continuing search for it – *Jenifer Toksvig, theatre maker, lyricist, poet, artist*

**A refugee is (n)** potential unrealised – *Marjorie, Ardrossan*

**A refugee is (n)** holding onto the idea that even in the darkest of times, there will always be shining acts of kindness  
 – *Mevan Babakar, Trustee, UK for UNHCR, and Deputy CEO, Full Fact*

**A refugee is (n)** someone who has to have hope and great courage to have left their home, but in the face of enormous uncertainty. I cannot imagine the life of refugees who are seeking a safe place from the home which has always sheltered them but is now so dangerous that they are forced to leave it – *Susan, Cwm y Glo*

**A refugee is (n)** the displaced person who is caught in conflicts and war and poverty, where the European Union should help – *Nicholas, Davao, Philippines*

**A refugee is (n)** someone who could be you one day. I was. Never imagined I would be – *Hilton, Llanfynydd*

**A refugee is (n)** Flüchtlinge. A person forced from their home with practically nothing, enduring physical and mental hardship, having a wretched time finding a safe place and then finding it more than hard to be accepted. I grew up in Germany and saw them first hand, from age 5, in 1945/46/47 – *Irmgard, Leeds*

**A refugee is (n)** a survivor of many things, including war, hardship, abuse and systemic neglect. They have fled to another places in order to escape the common occurrence of these things where they originated from. As a refugee myself I have experienced so much – *Awuol, London*

**A refugee is (n)** the person who seeks peace, rights, security and then works to achieve his dream come true!! – *Tesfay*

**A refugee is (n)** a survivor of undeserved suffering and is to be admired and respected. As a London Tribunal Judge in sitting in the Asylum, Immigration and Human rights chamber I heard many accounts of ill-treatment and torture. Collectively, these accounts demand World attention – *Patrice, London*

**A refugee is (n)** someone who could be you, it could be me. Look back through history. Climb up your family tree. Did your ancestors have to flee to protect their family? Proud descendent of a refugee, that's me – *Emma, Norwich*

**A refugee is (n)** myself in 1940. I went to New York by myself to stay with a cousin of my father. On the first ship after one that was sunk - full of children like me. Most people very kind except those children who took delight in telling me that England would soon be conquered – *Barbara, Thames Ditton*

**A refugee is (n)** someone with dreams on their shoulders – stretching beyond seas; Visions which mould a great galaxy. Kindness and care smile from their eyes. They create homes from belief, while recalling goodbyes. Smiles which spread like a soft gentle breeze. See a heart, hear their voice. They're refugees – *Sana, Walsal*

**A refugee is (n)** someone whose pains endure. Every deep pain takes time to be accepted. They never fade, as they touch the innermost fabrics of their being, the pain of losing one's home – *Samir, London*

# Acknowledgements

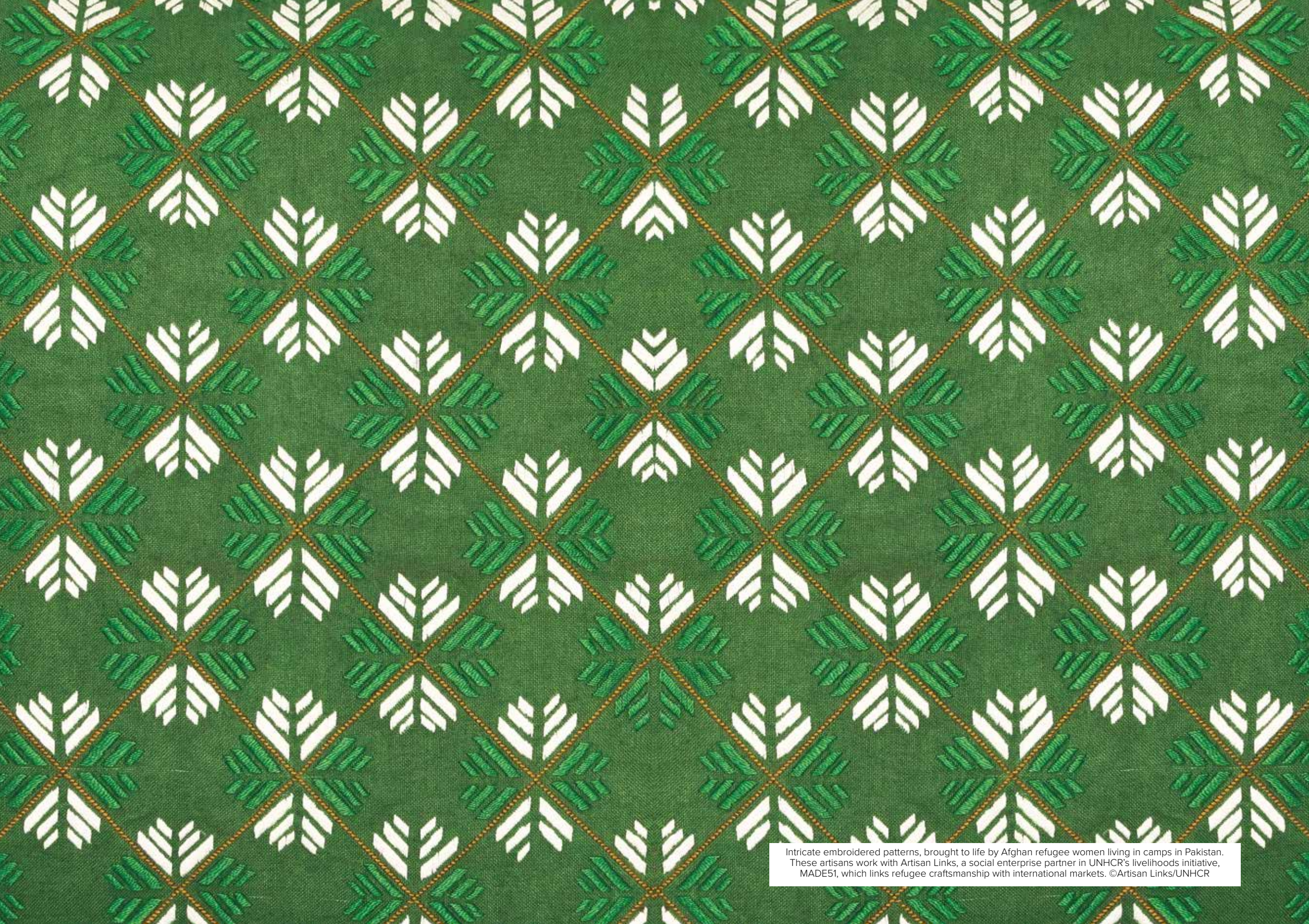
First and foremost, UK for UNHCR would like to thank every contributor to *The Refugee Dictionary* for sharing a personal definition and helping us create this record of what it means to be a refugee 70 years after the 1951 Convention was signed. Without your contribution this work would simply not exist.

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Finally a huge thank you to the many organisations who encouraged their staff, families, friends and communities to take part in this campaign and deliver more than 1,000 messages of solidarity for refugees, including:

ACIT Youth Advisory Group	Office of the Chief Rabbi
ARTConnects	Open Hearts Open Borders
Baptists Together	Peckham Sponsors Refugees
Board of Deputies of British Jews	Refugee Action
Breaking Barriers	Refugee Council
Bridge2 Liverpool	Refugee Crisis Foundation
Brighton & Hove City of Sanctuary	Refugee Solidarity Ipswich
Calais Refugee Solidarity Bristol	Refugee Support BSMS
Cambridge Refugee Resettlement Campaign	Refugee Support Devon
Cardiff STAR	Refugee Support Europe
Carlisle Refugee Action Group	Refugees At Home
City of Sanctuary	Refuweegee
City Sikhs	RESET
Conference of Liberal Rabbis and Cantors	Roman Catholic Diocese of Westminster
Conversation Over Borders	RSE Birmingham Welcomes
Cuisine Lab	S.A.G.E. Innovation Centre
Derbyshire Refugee Solidarity	Said Foundation
Diocese of Manchester	SBC Theatre
Diocese of Norwich	Scottish Faiths Action for Refugees
Europe Must Act - Wales	Scottish Refugee Council
Federation of Muslim Organisations	Sona Circle
Forced To Flee	Soul Food Paris
Go Dharmic	South Asian Heritage Month
Goodwill Caravan	Swarovski Foundation
Govan Community Project	The British Library
HEARTS Youth Group	The Highlands Supports Refugees
Holocaust Memorial Day Trust	The RAW Project London
Hope Health Action	The Refugee Rights Project
Humanists UK	The Sanctuary, Newport
IKEA UK and Ireland	The VOICES Network
JW3	The Worldwide Tribe
Lambeth Palace	Tigray Youth Network
Leeds Playhouse	UK Welcomes Refugees
Leo Baeck College	United Reformed Church
Liberal Judaism	Volunteers returning from Lesbos and Syria
MADE51	We Are Digital Diplomacy
Marlow Refugee Action Group	Welcome Churches
Migrateful	West Cumbria Refugee Support Network
Moonlight Trust	West End Refugee Service
Muslim Council of Britain	WeWork
Nisa-Nashim	Wilson Solicitors LLP





Intricate embroidered patterns, brought to life by Afghan refugee women living in camps in Pakistan. These artisans work with Artisan Links, a social enterprise partner in UNHCR's livelihoods initiative, MADE51, which links refugee craftsmanship with international markets. ©Artisan Links/UNHCR



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